

## Table of Contents

<b><u>WELCOME TO RESONANT LIGHT TECHNOLOGY.....</u></b>	<b><u>2</u></b>
<b><u>TABLE OF CONTENTS.....</u></b>	<b><u>3</u></b>
<b><u>IMPORTANT: USING THIS MANUAL .....</u></b>	<b><u>6</u></b>
KNOW THE IMPORTANT TERMS.....	6
ADVISORY .....	6
<b>GENERAL HEALTH .....</b>	<b>7</b>
BANK 1B - GENERAL HEALTH & WELLNESS-ANTI-MICROBIAL (LEVELS 29 TO 46) .....	7
<b><u>2. PRIMARY SUPPORT BANKS.....</u></b>	<b><u>8</u></b>
BANK 1A - KIDNEY-INSUFFICIENCY & TONIC - LEVELS 1 TO 28 .....	8
BANK 4 - LYMPH SYSTEM-CIRCULATION & DRAINAGE.....	9
BANK 7A - LIVER-ENHANCE FUNCTION – LEVELS 1 TO 37 (FULL BANK). BANK 7B – LIVER-BASIC SUPPORT – LEVELS 33 TO 37 (SHORTER SUBSET IF YOU’RE IN A RUSH) .....	9
<b><u>3. USING THE BANKS IN YOUR ENHANCED PROGEN II .....</u></b>	<b><u>9</u></b>
<b><u>A. SUPPORT BANKS .....</u></b>	<b><u>10</u></b>
BANK 1A – KIDNEY INSUFFICIENCY AND TONIC (LEVELS 1-28) – SEE “2. PRIMARY SUPPORT BANKS” .....	10
BANK 1B – GENERAL HEALTH (LEVELS 29-46) – SEE “1. GETTING STARTED” .....	10
BANK 2 - DETOX PROGRAM-COLON LIVER LYMPH GI .....	10
BANK 3 - WHOLE BODY FUNCTION - TO NORMALIZE & STIMULATE .....	11
BANK 4 LYMPH SYSTEM-CIRCULATION & DRAINAGE – SEE "2. PRIMARY SUPPORT BANKS" .....	11
BANK 5A - LUNGS – GENERAL CONDITIONS & TONIC - LEVELS 1 - 24 .....	11
BANK 5B - PANCREAS INSUFFICIENCY & TONIC - LEVELS 25 – 48.....	11
BANK 6A - REVITALIZE-IMPROVE VITALITY ENERGY MEMORY CONCENTRATION - LEVELS 1 – 16.....	11
BANK 6B – BLADDER   URINARY TRACT & PROSTATE-ISSUES & SUPPORT - LEVELS 17 – 50.....	12
BANK 7A - LIVER-ENHANCE FUNCTION & 7B - LIVER-BASIC SUPPORT – SEE "GETTING STARTED-SUPPORT BANKS" SECTION.....	12
BANK 8 - EYES – HEALTH & VISION SUPPORT.....	12
BANK 9 - TEETH – GENERAL HEALTH & DENTAL INFECTIONS.....	12
BANK 10A - ADRENAL BALANCE & SUPPORT - LEVELS 1 TO 7 .....	12
BANK 10B - ENDOCRINE- WHOLE SYSTEM-TO NORMALIZE & SUPPORT - LEVELS 1 TO 30 .....	12
BANK 10C - SPLEEN SUPPORT - LEVELS 31 TO 45 .....	13
BANK 11A - TRAUMA-PHYSICAL_EMOTIONAL_MENTAL ORIGIN - LEVELS 1 TO 18.....	13
BANK 11B - NERVOUS SYSTEM DISORDERS-INCLUDING NEUROPATHY & PAIN - LEVELS 19 TO 48.....	13
BANK 12A - CHEMICAL TOXINS-ALL PURPOSE DETOX - LEVELS 1 TO 27.....	13
BANK 12B - HEAVY METAL DETOX - LEVELS 28 TO 43.....	14
<b><u>B. INJURY, PAIN AND STRESS BANKS.....</u></b>	<b><u>14</u></b>
BANK 13 - BONES & MUSCLES - DISEASE FRACTURE TRAUMA INJURY STRAINS .....	14
BANK 14A - HEALING & REGENERATION - LEVELS 1 TO 9.....	14
BANK 14B – INFLAMMATION - LEVELS 10 TO 15 .....	14
BANK 14C – PAIN RELIEF - LEVELS 16 TO 42 .....	15
BANK 15A - ANXIETY & STRESS RELIEF   CALM & RELAX - LEVELS 1 TO 28.....	15

BANK 15B - INSOMNIA - LEVELS 29 TO 36.....	15
BANK 15C - RELAXATION MEDITATION - LEVELS 37 TO 47 .....	15

### **C. INFECTION AND WOUND HEALING BANKS .....** **16**

BANK 16A - GENERAL ROOM & PREP ANTISEPTIC - LEVELS 1 TO 18 .....	16
BANK 16B - INFECTIONS-STAPHYLOCOCCUS & STREPTOCOCCUS-GENERAL - LEVELS 19 TO 50.....	16
BANK 17A - STAPHYLOCOCCUS AUREUS-MRSA - LEVELS 1 TO 25.....	16
BANK 17B - CANDIDA ALBICANS - LEVELS 26 TO 46.....	17

### **D. CONDITION BANKS .....** **17**

BANK 18A - ASTHMA - LEVELS 1 TO 9.....	17
BANK 18B - FIBROMYALGIA CHRONIC FATIGUE SYNDROME (MYALGIC ENCEPHALOMYELITIS) - LEVELS 10 TO 35..	17
BANK 18C - CHLAMYDIA PNEUMONIAE & TRACHOMATIS - LEVELS 36 TO 44.....	18
BANK 19A - RHEUMATOID ARTHRITIS - LEVELS 1 TO 28.....	18
BANK 19B - OSTEO ARTHRITIS & RHEUMATISM - LEVELS 28 TO 43.....	18
BANK 19C CIRCULATION LEVELS 44 TO 50 .....	18
BANK 20A ALLERGIES-GENERAL INCL POLLEN LEVELS 1 TO 14.....	18
BANK 20B - AUTOIMMUNE DISORDERS-GENERAL - LEVELS 15 TO 44 .....	19
BANK 21A - PSORIASIS - LEVELS 1 TO 17.....	19
BANK 21B - ADHESIONS & SCAR TISSUE - LEVELS 18 TO 31 .....	19
BANK 21C - ECZEMA COMMON DERMATITIS - LEVELS 32 TO 50.....	19
BANK 22 - CARCINOMA-GENERAL .....	20
BANK 23 - SARCOMA-GENERAL.....	20

### **E. BACTERIA, VIRUS AND MOLD BANKS .....** **20**

BANK 24 - HERPES SIMPLEX 1 VARIANTS-GENERAL .....	20
BANK 25 - HERPES SIMPLEX 2-GENITAL HERPES .....	21
BANK 26A - HERPES ZOSTER TYPE 3-CHICKEN POX SHINGLES - LEVELS 1 TO 33.....	21
BANK 26B - HERPES VIRUS TYPE 4-EPSTEIN BARR MONOCUCLEOSIS CFS - LEVELS 34 TO 48 .....	22
BANK 27A - HERPES VIRUS TYPES 5-CYTOMEGALOVIRUS (CMV) - LEVELS 1 TO 9.....	22
BANK 27B - HERPES TYPE 6-HUMAN HERPES VIRUS 6 (HHV6) - LEVELS 10 TO 40 .....	22
BANK 28A - BLASTOCYSTIS HOMINIS - LEVELS 1 TO 13 .....	22
BANK 28B - CLOSTRIDIUM-C. DIFFICILE - LEVELS 14 TO 24 .....	22
BANK 28C - HELICOBACTER PYLORI-H. PYLORI - LEVELS 25 TO 36 .....	22
BANK 29A - LISTERIA MONOCYTOGENES-LISTERIOSIS - LEVELS 1 TO 22.....	23
BANK 29B - BACTEROIDES FRAGILIS - LEVELS 23 TO 29 .....	23
BANK 29C - ESCHERICHIA COLI-E COLI - LEVELS 30 TO 43 .....	23
BANK 30A - WEST NILE VIRUS - LEVELS 1 TO 19 .....	23
BANK 30B - MYCOPLASMA-GENERAL MIDLENGTH - LEVELS 20 TO 49.....	23
BANK 31A - PAPILLOMA VIRUS-HUMAN PAPILLOMA VIRUS (HPV), INCLUDING PAPILLOMA-INFECTED KIDNEY - LEVELS 1 TO 23 .....	23
BANK 31B - OTHER WARTS-VERRUCA, PLANTAR, CONDYLOMA - LEVELS 24 TO 35.....	24
BANK 32A - MOLDS & FUNGUS-GENERAL - 1 TO 42 .....	24
BANK 32B - ONCOMING COLD & FLU - LEVELS 43 TO 48 .....	24

### **F. PARASITE BANKS.....** **25**

BANK 33A - PARASITE WORM EGGS - LEVELS 1 TO 4 .....	25
BANK 33B - ROUNDWORMS-COLON CLEANSING - LEVELS 5 TO 30 .....	25
BANK 33C - PARASITES-GENERAL-COLON CLEANSING - 31 TO 49.....	25

BANK 34A - TOXOPLASMA GONDII TOXOPLASMOSIS - LEVELS 1 TO 8 .....	26
BANK 34B - GIARDIA-INCLUDING LAMBLIA - LEVELS 9 TO 23 .....	26
BANK 34C - FLUKES-BLOOD INTESTINAL LYMPH PANCREATIC LIVER - LEVELS 24 TO 45 .....	26
<b><u>G. BANKS AVAILABLE FOR CUSTOM PROGRAMMING .....</u></b>	<b>26</b>
<i>BANK 35</i> - .....	26
<i>BANK 36</i> - .....	26
<i>BANK 37</i> - .....	26
<i>BANK 38</i> - .....	26
<i>BANK 39</i> - .....	26
<i>BANK 40</i> - <i>TECHNICIAN'S TEST BANK (OK TO DELETE &amp; REPLACE WITH CUSTOM PROGRAMMING)</i> .....	26
<b><u>APPENDIX A ENHANCING YOUR RESULTS WITH THE PERL .....</u></b>	<b>27</b>
<b><u>APPENDIX B FREQUENCY LIST BY BANK NUMBER .....</u></b>	<b>30</b>
<b><u>APPENDIX C DETAILED LIST OF BANKS WITH FREQUENCIES .....</u></b>	<b>33</b>