



# Protocols and Guidelines

## Standard Programming (STA)

*This manual accompanies ProGen II frequency generators loaded with Standard Programming.*

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# Protocols and Guidelines

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## **Cautions and Contraindications**

### **When to Avoid use of the PERL M+ Device:**

- Individuals with organ transplants, stem cell transplants, or those who need to suppress their immune systems should avoid the PERL due to its immune boosting effects. Those who have had stem cell transplants from their own body should take a few months before resuming PERL use to give their body sufficient time to make necessary adjustments.
- Individuals using defibrillators or combination defibrillator/pacemakers should consult with the manufacturer before using the PERL to ensure there will be no interference.
- Individuals using pacemakers manufactured before 1992 should not use the PERL due to the pacemaker's inadequate frequency shielding.
- Avoid using or storing a supply of liquid oxygen, either a bulk storage reservoir unit or a portable, refillable container within 20 feet (6 meters) of the PERL device. This does not apply to "oxygen concentrators" which can be used closer to the device.
- Generally speaking, frequencies less than 5 Hz are not recommended for prolonged periods of time with the PERL.
- The PERL has not been tested in clinical trials with pregnant women or young children, hence we do not recommend resonant light technology when pregnant or for young children. Since our company's beginning in 1996, we have not received any reports of adverse effects with pregnant women or young children.
- This PERL and ProGen devices are for experimental and research purposes only. For those who choose to proceed at their own risk, we ask that they make themselves aware of the entire contents of the manual before using this technology.
- The PERL M+ exceeds the regulatory standards for EMF emissions, including RF (radio frequency) emissions. This device should only be used in an environment that is suitably shielded to prevent RF signal propagation outside the immediate area of use.

**The information in this manual is provided for education and research purposes only.**

# Getting the Best Results

Resonant Light Technology Inc (RLTi) encourages our clients to become knowledgeable about their particular health situation. Researching the following topics and incorporating your findings into your health regime will greatly enhance the effectiveness of using your device. This information is meant to be a springboard for your own further research. See References.

## Inner Cleansing

- Prepare your body **prior** to using the device. There are many natural, gentle and effective ways to prepare your body for the elimination of toxins. Effective methods may include colon, liver, kidney and gallbladder cleanses, as well as supplements to support these organs. Cleanses for heavy metals and parasites can be highly beneficial. Saunas and other hyperthermic modalities may also be useful.
- Consult a health practitioner and do your own research.

## Oxygenation

- Disease does not thrive in a highly oxygenated environment. Increasing oxygenation in the body through oxygen therapy may be beneficial for individuals with cancer or other health issues.
- Consult a health practitioner and do your own research.

## Hydration

- Hydrate the body by drinking plenty of pure, mineralized water to flush waste from the body. Hydration with mineralized water improves conductivity and permits more effective photon transmission in the body. Drink 8 ounces of mineralized water 15 minutes prior to using device.
- To improve electrolytes place a pinch of unrefined sea salt under the tongue and let it dissolve. Continue with water consumption during session. Those who are advised by their practitioner to avoid salt should do so, although raw, unprocessed sea salt does help the body to detoxify and mineralize.
- Consult a health practitioner and do your own research.

## The pH Factor

- Healing occurs in a nearly alkaline body-environment, while disease can thrive in a highly acidic body environment. Therefore, strive to make the body less acidic.
- Monitor urine pH level at the same time each day, preferably mid-morning and mid-stream.
- Choose a highly alkalizing diet and include alkaline water.
- Consult a health practitioner and do your own research.

## Nutrition

- Disease, especially cancer, thrives on sugar. Therefore, eliminate all refined sugars and flours. Choose whole organic fresh vegetables and fruits. Healthy essential oils must be included. Whole grains may be used, if tolerated.
- Adequate protein is necessary, especially when dealing with cancer. Grass-fed organic meat, organic free-range eggs, wild fish and game provide quality protein. Certain protein drinks may be useful, however, read labels and avoid products with corn syrup and other refined sugars.
- Choose foods that are highly alkalizing.
- Balance and support your body with appropriate herbs and supplements.
- Avoid excess food consumption: keep meals simple and nutritious.
- Consult a health practitioner and do your own research.

## **Toxicity in Relation to RLTi Devices** by Donald L Tunney

- This report is based upon data given to us by volunteers in the research and evaluation of the resonant light emission technology from 1996 to 2004. After assessing many hundreds of volunteers using the device, and personally having over 4000 hours using the device, I want to share my observations.
- Detoxification may be experienced when using the RLTi device, especially if one is very ill. This toxicity results from the devitalization of the targeted microbes. The detoxification and purging of these waste products is often referred to as a Jarisch-Herxheimer or Herxheimer reaction. Medications, such as those used with chemotherapy, may also produce this reaction. Other common precursors for Herxheimer reactions are radiation, colloidal silver, certain herbs, handheld and footplate contact devices, light emitting diodes, and, of course, resonant light technology. Most often a slight to modest detoxification reaction is experienced. Users of resonant light technology must remember the detoxification reactions are proportionate to the devitalization of microbes and the body's ability to cleanse the system of these toxins.
- The healing crisis, with a mild to acute range of symptoms, may occur anytime during the course of healing. Initially the sessions may seem to worsen your condition; however, this reaction is often a signal the healing process is taking place. When microbes are devitalized, the resulting waste products can produce large amounts of debris in the bloodstream. This debris, together with other toxins already present, must be released and transported from the body via the liver, kidneys, colon, lungs and skin. This elimination of toxins is part of the body's healing process. Controlling the detoxification and cleansing process, while supporting the organs of elimination is very important to help minimize the potential effects of the Herxheimer reaction.
- When one is very ill, the healing process will be assisted if the internal body is cleansed prior to using resonant light emission technology. Make use of colonics or teas to stimulate the bowel movement, if constipation is an issue. If you are uncertain how to proceed, refer to the References. Consult your practitioner for effective cleansing methods and do your own research.
- **Emotional Effects** - Not only does the physical body detoxify, but emotions may also surface as a result of using the device. More research volunteers experienced an increased range of feelings than those who did not. For no apparent reason, many reported crying on their way home. Others reported feeling anger. Couples, who had not dealt with their feelings concerning their relationship, found those feelings more difficult to suppress. They began to express what they had held in for many years. This certainly can clear issues and, if handled with love, will bring couples into a stronger relationship. Within our group, one couple separated while others became closer and stronger. Some volunteers had quit the program because they chose to suppress their feelings rather than deal with them. I call this process emotional detoxification and I attribute this anomaly to the effects of resonant light technology.

**Detoxification Reactions** - Typical detoxification symptoms may be experienced during a session, 4 to 12 hours after a session, or even up to three days later. The following may be experienced:

- headache
- sore or stiff muscles
- outbreak of pimples, rash or itching
- exhaustion
- chills and/or fever
- nausea, diarrhea
- seemingly unprovoked emotions

- These detox reactions are transient and will generally pass within a few days. If the reaction becomes too severe to be tolerated, you may adjust your schedule for using the device. You may choose to take a day or two off from the frequencies. You may choose to run just a portion of the program and gradually over the next days, increase the running time until the entire program is tolerated well.
- Typical progress occurs as the detoxification reaction becomes less. Progress can also be occurring when no detox symptoms are experienced. Toxicity may be accumulative. A few volunteers, who used the device twice a week, did not have a detox reaction until 4 to 6 weeks of normal exposure. They then described the feeling as being “run over by a Mack truck”. This entire process is complex. Every person responds differently and what works well for one may not affect another. Keeping notes may assist you in finding what works best for you. See Keeping Records.

## **Additional Suggestions**

- If possible have a healthy, positive support person to assist you with research and implementing modes of healing.
- Allow for whole person healing: physical, emotional, mental and spiritual. Create a calm environment conducive to healing that is clear of distractions and interruptions.
- Learn effective methods to neutralize the stress of your daily life. Poor response to stress releases toxins and free radicals into the body. Meditation and gentle exercise are found to be useful by many.
- Conserve your energy. Many users have reported an increase of energy when using the device. Allow this energy to be used for the healing process.
- If possible, wear natural fibers such as cotton, silk, hemp, or wool while using the device.
- If you feel fatigued or ill following a session, consider discontinuing use for a few days. It is OK to slow down - your body may need some time to adjust.
- Utilize our customer support service for further suggestions regarding your particular situation.

## **Keeping Records**

- We highly recommend keeping regular and detailed records of the frequencies used, the duration of these frequencies, use of nutritional supplements, and any changes in physical, mental or emotional states. It is valuable to maintain records, because without them you may have difficulty determining what you did to accomplish your results. Effects are at times subtle and not apparent for many weeks. Keeping records will help you find reference points.

## **Keeping Us Informed**

- We strongly urge you to keep us informed with any change in your address, telephone number, email or ownership. You may contact Resonant Light Technology by phone, email, postal service or through our website. This will allow us to keep our files current and maintain consistency.
- We invite and encourage you to call us with questions and/or feedback. Such interaction allows us to enhance our product and customer service.

## **List of Pre-Programmed Protocols**

Bank 1	Cancer - Carcinoma
Bank 2	Cancer - Sarcoma
Bank 3	Cancer - Remission and Maintenance
Bank 4	West Nile Virus
Bank 5	SARS 1 and SARS 2
Bank 6	SARS - Alternate
Bank 7	Oncoming Flu and Cold
Bank 8	Hepatitis A, B, C and D
Bank 9	Candida Albicans - Yeast or Thrush
Bank 10	Lyme
Bank 11	Fibromyalgia, Chronic Fatigue, Gulf War Syndrome
Bank 12	Herpes Simplex - Long Protocol
Bank 13	Parasites - General
Bank 14	E-coli
Bank 15	Parasites - Roundworms
Bank 16	Papilloma Virus - Including Papilloma Infected Kidney
Bank 17	Chlamydia Bacterium - Including Pneumonia and Trachomatis
Bank 18	Multiple Sclerosis
Bank 19	Immune System Booster
Bank 20	Meditation - Relaxation
Bank 21	General Health
Bank 22	Herpes Simplex - Short Protocol
Bank 23	Parasites - Flukes
Bank 24	Lymph and Detoxification
Bank 25	Staphylococcus and Streptococcus



Bank 26	Kidney Insufficiency and Tonic
Bank 27	Liver Support
Bank 28	Molds and Fungus
Bank 29	Prostate and Bladder Issues
Bank 30	Arthritis - Osteo
Bank 31	Vision and Eye Health
Bank 32	Antiseptic - General
Bank 33	Anxiety and Stress Release
Bank 34	Dental - General, Foci and Infections
Bank 35	Bone and Periodontal Health
Bank 36	Lyme Co-Infections
a	Babesia
b	Bartonella
c	Ehrlichia
d	Ricksettia
Bank 37	Pain Relief
Bank 38	Lyme Maintenance
Bank 39	Helicobacter - Pylori
Bank 40	Technician Test Bank

# Advisory

Resonant Light Technology has not tested or validated the effectiveness of frequency protocols. These protocols have been created using frequencies from a variety of sources. This Resonant Light device is for experimental and research purposes only. For those who choose to proceed at their own risk, we ask that they make themselves aware of the entire contents of the manual before using this technology.

## Guidelines for Pre-Programmed Protocols

The following guidelines are examples of how to use pre-programmed protocols. They are based on Resonant Light Technology Inc. Director, Don Tunney's evaluation of information reported by our volunteers. The following guidelines are suggestions. Individuals respond differently to protocols. You are encouraged to work collaboratively with your health practitioner and do your own research.

- **FIRST TIME USERS: All individuals, especially those with advanced disease such as cancer or Lyme disease, need to begin with Bank 21 (General Health) BEFORE proceeding with other Banks. Bank 21 should always** be used as the first time protocol to determine how reactive the user will be. In severe cases, run half of Bank 21. Wait 4 hours to assess the user's response to the frequencies. Many users do not experience any noticeable detox symptoms. Continue with the remainder of Bank 21 if the detox symptoms, if any, are tolerable. If there is no major reaction or detox within four hours of completing Bank 21, continue on with the protocol of choice. If major detox is experienced, continue with Bank 21 until the detox symptoms subside.
- Using the frequency protocols in the same order and at the same time of day establishes a pattern that reduces effectiveness. Pathogens have the ability to alter their frequency to escape the frequency if they detect a pattern. Therefore, use the device at random times during the day, and run the protocols in random order from day to day.
- The schedule for most conditions is 5 days on and 2 days off. The days off are crucial and allow the body to cleanse itself of accumulated toxic debris from devitalized cells. Guard against overloading the organs of elimination. These organs need to be supported and allowed the necessary time to perform the function of elimination. The 2 consecutive days of rest away from the frequencies should nourish your physical, mental, emotional and spiritual needs.
  - Special note: The Pain and Meditation Banks can be used throughout your days off.
- You may run protocols for up to 3 hours at a time, and then allow 4 hours rest between sessions. Change the time of day and order of the Banks from one day to the next. If you find a certain Bank causes detox, continue using it as an additional Bank, several times per week, until the detox symptoms subside.
- Often there are several causes to a disorder. When time permits, or if you are using more than one ProGen, you are encouraged to use other complementary protocols. When a reaction or detox symptom is experienced, **continue** using that protocol until you have minimal or no reaction. However, a non-reaction does not mean the protocol is not working. Be alert for an accumulation of detox effects.

## Bank 1 and Bank 2 Cancer - Carcinoma and Sarcoma

### IMPORTANT NOTE:

**IF YOU HAVE BEEN GIVEN A SCHEDULE BY RESONANT LIGHT SUPPORT, USE THAT SCHEDULE AND NOT THE FOLLOWING.**

### Schedule Of Use For Most Cancers

**Week One:** Alternate running either Bank 1 or Bank 2 once a day for 5 days, then take 2 consecutive days off to allow the body to rest. Vary the times you run the device from day to day.

Day 1 - Bank 1. Day 2 - Bank 2. Day 3 - Bank 1. Day 4 - Bank 2. Day 5 - Bank 1.

- If the detox symptoms are **intolerable**, repeat Week One to lessen the detox reaction.
- If the detox symptoms are **tolerable**, continue on to Week Two as follows:

**Week Two:** Run both Bank 1 and Bank 2 once a day for five days. Add Bank 24 on two of the five days, then take 2 consecutive days off.

Alternate Banks and vary the times you run the device each day. If detoxification symptoms are **intolerable**, resume the Week One protocols, then call RLTi for suggestions for your schedule.

<b>Day 1-</b> Bank 1 in the morning		Bank 2 in the afternoon
<b>Day 2-</b> Bank 2 in the morning	Bank 24 mid-day	Bank 1 in the afternoon
<b>Day 3-</b> Bank 1 in the morning		Bank 2 in the afternoon
<b>Day 4-</b> Bank 2 in the morning	Bank 24 mid-day	Bank 1 in the afternoon
<b>Day 5-</b> Bank 1 in the morning		Bank 2 in the afternoon

**Note:** If detox symptoms are tolerable, you may if desired, run each day's Banks consecutively during one session.

**Week Three and Thereafter:** Continue the same schedule. Run for five days, then take 2 consecutive days off to allow the body to rest.

<b>Day 1-</b> Bank 2 in the morning		Bank 1 in the afternoon
<b>Day 2-</b> Bank 1 in the morning	Bank 24 mid-day	Bank 2 in the afternoon
<b>Day 3-</b> Bank 2 in the morning		Bank 1 in the afternoon
<b>Day 4-</b> Bank 1 in the morning	Bank 24 mid-day	Bank 2 in the afternoon
<b>Day 5-</b> Bank 2 in the morning		Bank 1 in the afternoon

**Note:** If detox symptoms are tolerable, you may if desired, run each day's Banks consecutively during one session.

Remember to take 2 consecutive days of rest after each five days of using the PERL device. When detox allows, you may begin a new schedule, described as follows.

Continue using Banks 1 and 2, 5 days a week, adding Bank 24 on two of the 5 days. After Week 3 and if your level of detox allows, you may add the following Banks in random order during the 5-day period:

- Bank 3 – Cancer Remission and Maintenance
- Bank 9 - Candida Albicans

Bank 12 - Herpes Simplex  
Bank 14 - E-coli  
Bank 21 - General Health  
Bank 23 - Parasites – Flukes  
Bank 39 - Helicobacter - Pylori

Change the time and order of the Banks from one day to the next. If you find a certain Bank causes more detox, continue using it as an additional Bank several times per week. Recent cancer research supports prolonged sessions (8-10 hours daily).

- Bank 3      **Cancer - Remission and Maintenance:**** As the cancer markers, scans and/or reports show significant improvements, this schedule MAY be cut back to alternating Bank 1 and Bank 2 (same as Week One). Continue with this schedule until your doctor tells you that your cancer is regressing and you are going into remission, or are clear of cancer. You can then move on to using Bank 3 and Bank 14 for maintenance, 1 – 2 times per week. Your health practitioner needs to monitor your progress until the **cause** of your cancer is eliminated.
- Bank 4      **West Nile Virus:**** Run once a day for 5 days, then take 2 consecutive days off. The frequencies have been taken from the CAFL and have not been validated by our research.
- Bank 5      **SARS 1 and SARS 2 (Severe Acute Respiratory Syndrome):**** Run one or both Banks once a day for 5 days, then take 2 consecutive days off. We are providing this protocol due to numerous requests. These frequencies are from the CAFL and have not been validated by our research.
- Bank 6      **SARS - Alternate (Severe Acute Respiratory Syndrome):**** Run once a day for 5 days, then take 2 consecutive days off. We are providing this protocol due to numerous requests. These frequencies have been taken from the CAFL and have not been validated by our research.
- Bank 7      **Oncoming Flu or Cold:**** At the first sign of symptoms run 3 times a day with 4 hour intermissions. Repeat as needed. If the cold or flu is firmly established before using the device, run 3 times a day with 4 - hour intermissions for 5 days, then 2 consecutive days off. Repeat as needed.
- Bank 8      **Hepatitis A, B, C and D:**** During Week One to Week Three, run every second day in a 5 - day schedule (e.g. Monday, Wednesday, Friday), and then take 2 consecutive days off. Run the protocol at various times each day. Monitor detoxification. The objective is to reduce viral loads - once this is achieved, use once a week for maintenance.
- Bank 9      **Candida Albicans - Yeast or Thrush:**** Run once a day for 4 days, then take 3 consecutive days off. If a more aggressive approach is needed, run 2 – 3 times a day for 5 days, then take 2 days off. Continue running this protocol until your symptoms are under

control. Eliminate foods that contain sugar and yeast from your diet. Consult a health practitioner and do your own research.

- Bank 10**    **Lyme:** Begin SLOWLY and work up to running the full Bank once a day for 5 days, then take 2 consecutive days off. Eventually run this Bank 2 to 3 times per day at random times until improvement is noted. The sessions are lengthy because long dwell times are necessary. For those dealing with co-infections, it is suggested you stay with one protocol for a minimum of five days. Assess results before changing to another protocol. When you are able to return to most of your daily routines, run Bank 38 – Lyme Maintenance, 2 – 4 times per week.
- Bank 11**    **Fibromyalgia, Chronic Fatigue, Gulf War Syndrome:** Run once a day for 5 days, then take 2 consecutive days off. Continue with this schedule until the pain diminishes. Use twice a week for maintenance.
- Bank 12**    **Herpes Simplex - Long Protocol:** Run once a day for 5 days, then take 2 consecutive days off. Upon initial outbreak run 2 to 3 times a day until symptoms diminish, usually in 2 to 3 days. Use Bank 22 if time does not permit to run this entire protocol. This Bank is also effective for: Measles, Chicken and Small Pox, Mononucleosis, Shingles, Rubella. This Bank is also known as: Cold Sores, Epstein Barr, Variola, Aphthous Stomatosis, and Pyorrhea. Also use this Bank when dealing with Staph, Strep, Candida and Lyme.
- Bank 13**    **Parasites - General:** Run once a day for 5 days, then take 2 consecutive days off. Continue until improvement is noticed, which may take weeks of running 5 days on, then 2 days off. For best results use this protocol with a herbal parasite cleanse program.
- Bank 14**    **E-coli:** Run once a day, two to three times per week, every second day. Also use this protocol with Bank 3 when running the cancer maintenance program.
- Bank 15**    **Parasites - Roundworms:** Run once a day for 5 days, then take 2 consecutive days off. Run daily for one week - then as needed.
- Bank 16**    **Papilloma Virus - Including Papilloma Infected Kidney:** Run once a day for 5 days, then take 2 consecutive days off. Run when required.
- Bank 17**    **Chlamydia Bacterium - Including Pneumonia and Trachomatis:** Run once a day for 5 days, then take 2 consecutive days off. Run when required.
- Bank 18**    **Multiple Sclerosis:** Run once a day for 5 days, then take 2 consecutive days off. When detox subsides run twice a day, 5 days a week, then take two consecutive days off. Running Herpes and Chlamydia protocols are also recommended.

- Bank 19 Immune System Booster:** Run as needed in conjunction with any other protocol. This is a good protocol to use in conjunction with Bank 7 - Oncoming Flu or Cold.
- Bank 20 Meditation – Relaxation:** Run when desired. This is a non-pulsed protocol for relaxation. This is an ideal Bank to use for anxiety. It will also enhance and relaxation and sleep.
- Bank 21 General Health:** Run once a day for 5 days, then take 2 consecutive days off. Run 2 - 3 times a week for health maintenance and prevention of illness. This Bank will help prepare the body to use other protocols. It also acts as a test for detox reactions. This protocol was used for 8 years to collect research data from our volunteers. Bank 21 is one of the most effective Banks to run because it balances all the body systems and specifically addresses: E-coli, herpes, staph and strep, candida, fibromyalgia, muscles, tremors, kidney, skin, lymph, chronic fatigue, blood, nerve disorders, liver issues, digestion issues, autoimmune issues, cold and flu, parasites, fungus and mold.
- Bank 22 Herpes Simplex - Short Protocol:** Generally run once a day for 5 days, then take 2 consecutive days off. Upon initial outbreak, run 2 to 3 times per day until symptoms diminish, usually in 2 to 3 days. Run this protocol if time does not allow you to use Bank 12. If unsatisfactory results occur, use the longer protocol found in Bank 12. This Bank may be used for maintenance and prevention.
- Bank 23 Parasites - Flukes:** Run once a day for 5 days, then take 2 consecutive days off. This protocol has been supplied by others and has been reported to be of benefit when used in conjunction with the cancer protocols.
- Bank 24 Lymph and Detoxification:** Run 2 - 3 times a week depending on severity of detox reaction. This protocol has been supplied by others and has been reported to be of benefit when used in conjunction with the cancer protocols.
- Bank 25 Staphylococcus and Streptococcus:** Run once a day for 5 days, then take 2 consecutive days off. Continue until improvement is noticed. Use this Bank for 5 days when home after surgery or hospital visit. Also use Bank 32 (Asepsis - General) when changing/cleaning tubes such as feeding tube, bandages, catheter and/or colostomy bag. This protocol has been supplied by others and has been reported to be of benefit.
- Bank 26 Kidney Insufficiency and Tonic:** Run once or twice a day for 2 to 4 days as needed, then take 2 consecutive days off. This Bank may assist the kidneys to improve their function and assist the body to eliminate excess tissue fluid. Consult regularly with your health practitioner. This protocol has been supplied by others and has been reported to be of benefit.
- Bank 27 Liver Support:** Run once a day for 5 days, then take 2 consecutive days off. This Bank may be run 2 times a day during heavy detox to assist the body. Consult regularly with your health practitioner. This protocol has been supplied by others and has been reported to be of benefit.

- Bank 28**    **Molds and Fungus:** Begin SLOWLY and work up to running the Bank once a day for 5 days, then take 2 consecutive days off. Eventually, when you are able, run this Bank 2 to 3 times per day at random times until improvement is noted. Consult regularly with your health practitioner. This protocol has been supplied by others and has been reported to be of benefit.
- Bank 29**    **Prostate and Bladder Issues:** Run once a day for 5 days, then take 2 consecutive days off. Continue until improvement is noticed. Use this Bank for prostatitis, enlarged prostate (hyperplasia), benign tumor and bladder infection. Use Bank 26, Kidney Insufficiency and Tonic with this Bank. Consult regularly with your health practitioner. This protocol has been supplied by others and has been reported to be of benefit.
- Bank 30**    **Arthritis - Osteo:** Run once a day for 2 – 4 days per week as needed, then take 2 consecutive days off. Consult regularly with your health practitioner. This protocol has been supplied by others and has been reported to be of benefit.
- Bank 31**    **Vision and Eye Health:** Run once a day for 2 – 4 days per week as needed, then take 2 consecutive days off. Consult regularly with your health practitioner. This protocol has been supplied by others and has been reported to be of benefit.
- Bank 32**    **Antiseptic - General:** This protocol may be run when sanitary conditions are required, such as: changing feeding tube, bandages, catheter, chemo port or a colostomy bag. Also use in conjunction with Bank 25 - Staph and Strep. This protocol has been supplied by others and has been reported to be of benefit.
- Bank 33**    **Anxiety and Stress Release:** Run once a day for 3 - 5 days as needed, then take 2 consecutive days off. Once you are able to continue your normal daily routine, decrease use to once or twice a week for maintenance. Consult regularly with your health practitioner. This protocol has been supplied by others and has been reported to be of benefit.
- Bank 34**    **Dental - General, Foci and Infections:** Run once a day for 5 days, then take 2 consecutive days off. Add Bank 24 on 2 of the 5 days. This may be a long process depending on the amount of infection and length of time it has been present. Improvement and healing may take from 6 to 12 months. Consult regularly with your health practitioner. This protocol has been supplied by others and has been reported to be of benefit.
- Bank 35**    **Bone and Periodontal Health:** Run once a day for 5 days, then take 2 consecutive days off. Add Bank 24 on 2 of the 5 days. Consult regularly with your health practitioner.

When condition is healed, use Banks 35 and 24 once a week for maintenance. This protocol has been supplied by others and has been reported to be of benefit.

### **Bank 36 Lyme Co-Infections**

**a - Babesia:** Run once a day for 5 days, then take 2 consecutive days off. If no detox symptoms are experienced after 5 days, move on to Bank 36b. Consult regularly with your health practitioner. This protocol has been supplied by others and has been reported to be of benefit.

**b - Bartonella:** Run once a day for 5 days, then, take 2 consecutive days off. If no detox symptoms are experienced after 5 days, move on to Bank 36c. Consult regularly with your health practitioner. This protocol has been supplied by others and has been reported to be of benefit.

**c - Ehrlichia:** Run once a day for 5 days, then, take 2 consecutive days off. If no detox symptoms are experienced after 5 days, run Bank 36d. Consult regularly with your health practitioner. This protocol has been supplied by others and has been reported to be of benefit.

**d - Ricksettia:** Run once a day for 5 days, then, take 2 consecutive days off. If no detox symptoms are experienced after 5 days, run Bank 10 (Lyme). Continue with Bank 10 until minimal or no detox is experienced. At this point move to Bank 38, Lyme Maintenance once or twice a week as well as Bank 12 (Herpes) once a week or as needed. Consult regularly with your health practitioner. This protocol has been supplied by others and has been reported to be of benefit.

**Bank 37 Pain Relief:** This Bank may be run up to 3 times a day, as needed. Consult regularly with your health practitioner. This protocol has been supplied by others and has been reported to be of benefit.

**Bank 38 Lyme Maintenance:** Run 2-3 times a week for maintenance. Begin this Bank when you are no longer experiencing detox symptoms from Banks 10, 12, 36a, 36b, 36c or 36d (all associated with Lyme). It is also advisable to run Bank 12 once a month for 3 days. Consult regularly with your health practitioner. This protocol has been supplied by others and has been reported to be of benefit.

**Bank 39 Helicobacter - Pylori:** This Bank may be run once a day for 5 days, then take 2 consecutive days off. Continue until infection is resolved. Consult regularly with your health practitioner. This protocol has been supplied by others and has been reported to be of benefit.

**Bank 40 Technician Test Bank :** Used during testing. It is OK to overwrite this Bank with your own programming.



# Protocol Tables: Banks 1-40

**Bank 1      Cancer – Carcinoma: Alternate with Bank 2 - Sarcoma**  
**Duty Cycle: 70% (Square wave)    Output: Positive**

Level	Wave Form	Base	Width	Total # Freqs Run	Time Ea In Seconds	Total Time In Seconds	Pulse	Pulse Rate
1	Single Frequency	10000		1	120	120	ON	1
2	Single Frequency	6000		1	120	120	ON	1
3	Single Frequency	5000		1	120	120	ON	1
4	Sweep Increasing	3176	8	9	15	135	ON	1
5	Sweep Decreasing	3176	8	9	15	135	ON	1
6	Sweep Increasing	2489	8	9	15	135	ON	1
7	Sweep Decreasing	2489	8	9	15	135	ON	1
8	Sweep Increasing	2096	8	9	10	90	ON	1
9	Sweep Decreasing	2096	8	9	10	90	ON	1
10	Sweep Increasing	2096	8	9	10	90	ON	1
11	Sweep Increasing	2105	8	9	10	90	ON	1
12	Sweep Decreasing	2105	8	9	10	90	ON	1
13	Sweep Increasing	2105	8	9	10	90	ON	1
14	Sweep Increasing	2114	8	9	10	90	ON	1
15	Sweep Decreasing	2114	8	9	10	90	ON	1
16	Sweep Increasing	2114	8	9	10	90	ON	1
17	Sweep Increasing	2123	8	9	10	90	ON	1
18	Sweep Decreasing	2123	8	9	10	90	ON	1
19	Sweep Increasing	2123	8	9	10	90	ON	1
20	Sweep Increasing	2132	8	9	10	90	ON	1
21	Sweep Decreasing	2132	8	9	10	90	ON	1
22	Sweep Increasing	2132	8	9	10	90	ON	1
23	Sweep Increasing	2141	8	9	10	90	ON	1
24	Sweep Decreasing	2141	8	9	10	90	ON	1
25	Sweep Increasing	2141	8	9	10	90	ON	1
26	Sweep Increasing	2150	8	9	10	90	ON	1
27	Sweep Decreasing	2150	8	9	10	90	ON	1
28	Sweep Increasing	2150	8	9	10	90	ON	1
29	Sweep Increasing	2159	8	9	10	90	ON	1
30	Sweep Increasing	2159	8	9	10	90	ON	1
31	Sweep Increasing	2159	8	9	10	90	ON	1
32	Sweep Increasing	2168	8	9	10	90	ON	1
33	Sweep Decreasing	2168	8	9	10	90	ON	1
34	Sweep Increasing	2168	8	9	10	90	ON	1
35	Sweep Increasing	2177	8	9	10	90	ON	1
36	Sweep Decreasing	2177	8	9	10	90	ON	1
37	Sweep Increasing	2177	8	9	10	90	ON	1
38	Sweep Increasing	2186	8	9	10	90	ON	1
39	Sweep Decreasing	2186	8	9	10	90	ON	1
40	Sweep Increasing	2186	8	9	10	90	ON	1
41	Sweep Increasing	2195	8	9	10	90	ON	1
42	Sweep Decreasing	2195	8	9	10	90	ON	1
43	Sweep Increasing	2195	8	9	10	90	ON	1
44	Sweep Increasing	7847	8	9	15	135	ON	1
45	Sweep Decreasing	7847	8	9	15	135	ON	1
46	Spread Contracting	1730	9	19	10	190	ON	1
47	Spread Contracting	1712	9	19	10	190	ON	1
48	Spread Contracting	1244	5	11	10	110	ON	1
49	Spread Contracting	1000	5	11	10	110	ON	1
50	Spread Contracting	934	5	11	10	110	ON	1

**Total frequencies used:      452**

**Total seconds:    5120**

**Total minutes:    85**

**Total hours:      1 hour and 25 minutes**

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Protocol may be split into two sessions no more than 2 hours apart. The use of frequency wave packets has shown an increase in protocol effectiveness.

*Amended: October 14, 2004 – This protocol written by Donald L Tunney in March 2001 and replaces any used previous to this date.*

**Bank 2**

**Cancer – Sarcoma: Alternate with Bank 1 - Carcinoma**

**Duty Cycle: 70% (Square wave)**

**Output: Positive**

Level	Wave Form	Base	Width	Total # Freqs Run	Time Ea In Seconds	Total Time In Seconds	Pulse	Pulse Rate
1	Sweep Increasing	1976	8	9	10	90	ON	1
2	Sweep Decreasing	1976	8	9	10	90	ON	1
3	Sweep Increasing	1976	8	9	10	90	ON	1
4	Sweep Increasing	1985	8	9	10	90	ON	1
5	Sweep Decreasing	1985	8	9	10	90	ON	1
6	Sweep Increasing	1985	8	9	10	90	ON	1
7	Sweep Increasing	1994	8	9	10	90	ON	1
8	Sweep Decreasing	1994	8	9	10	90	ON	1
9	Sweep Increasing	1994	8	9	10	90	ON	1
10	Sweep Increasing	2003	8	9	10	90	ON	1
11	Sweep Decreasing	2003	8	9	10	90	ON	1
12	Sweep Increasing	2003	8	9	10	90	ON	1
13	Sweep Increasing	2012	8	9	10	90	ON	1
14	Sweep Decreasing	2012	8	9	10	90	ON	1
15	Sweep Increasing	2012	8	9	10	90	ON	1
16	Sweep Increasing	2021	8	9	10	90	ON	1
17	Sweep Decreasing	2021	8	9	10	90	ON	1
18	Sweep Increasing	2021	8	9	10	90	ON	1
19	Sweep Increasing	2030	8	9	10	90	ON	1
20	Sweep Decreasing	2030	8	9	10	90	ON	1
21	Sweep Increasing	2030	8	9	10	90	ON	1
22	Sweep Increasing	2039	8	9	10	90	ON	1
23	Sweep Decreasing	2039	8	9	10	90	ON	1
24	Sweep Increasing	2039	8	9	10	90	ON	1
25	Sweep Increasing	2048	8	9	10	90	ON	1
26	Sweep Decreasing	2048	8	9	10	90	ON	1
27	Sweep Increasing	2048	8	9	10	90	ON	1
28	Sweep Increasing	2057	8	9	10	90	ON	1
29	Sweep Decreasing	2057	8	9	10	90	ON	1
30	Sweep Increasing	2057	8	9	10	90	ON	1
31	Sweep Increasing	2066	8	9	10	90	ON	1
32	Sweep Decreasing	2066	8	9	10	90	ON	1
33	Sweep Increasing	2066	8	9	10	90	ON	1
34	Sweep Increasing	2075	8	9	10	90	ON	1
35	Sweep Decreasing	2075	8	9	10	90	ON	1
36	Sweep Increasing	2075	8	9	10	90	ON	1
37	Sweep Increasing	2084	8	9	10	90	ON	1
38	Sweep Decreasing	2084	8	9	10	90	ON	1
39	Sweep Increasing	2084	8	9	10	90	ON	1
40	Sweep Increasing	2093	8	9	10	90	ON	1
41	Sweep Decreasing	2093	8	9	10	90	ON	1
42	Sweep Increasing	2093	8	9	10	40	ON	1
43	Spread Contracting	840	9	19	10	190	ON	1
44	Spread Contracting	800	9	19	10	190	ON	1
45	Spread Contracting	776	9	19	10	190	ON	1
46	Spread Contracting	634	9	19	10	190	ON	1
47	Spread Contracting	556	9	19	10	190	ON	1
48	Spread Contracting	330	9	19	10	190	ON	1
49	Spread Contracting	1488	9	19	10	190	ON	1
50	Spread Contracting	744	9	19	10	190	ON	1

**Total frequencies used: 530**

**Total seconds: 5250**

**Total minutes: 88**

**Total hours: 1 hour and 28 minutes**

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*Amended: October 14, 2004 – This protocol written by Donald L Tunney in March 2001 and replaces any used previous to this date.*

### Bank 3 Cancer Remission and Maintenance

Combined Carcinoma & Sarcoma into a Single Session

**Duty Cycle: 70% (Square wave)**

**Output: Positive**

Level	Wave Form	Base	Width	Total # Freqs Run	Time Ea In Seconds	Total Time In Seconds	Pulse	Pulse Rate
1	Single Frequency	10000		1	120	120	ON	1
2	Single Frequency	6000		1	120	120	ON	1
3	Single Frequency	5000		1	120	120	ON	1
4	Spread Contracting	3176	9	19	10	135	ON	1
5	Spread Contracting	2489	9	19	10	135	ON	1
6	Spread Contracting	2096	9	19	20	380	ON	1
7	Spread Contracting	2115	9	19	20	380	ON	1
8	Spread Contracting	2134	9	19	20	380	ON	1
9	Spread Contracting	2153	9	19	20	380	ON	1
10	Spread Contracting	2172	9	19	20	380	ON	1
11	Spread Contracting	2191	9	19	20	380	ON	1
12	Spread Contracting	2197	6	13	20	260	ON	1
13	Spread Contracting	2004	9	19	20	380	ON	1
14	Spread Contracting	2023	9	19	20	380	ON	1
15	Spread Contracting	2042	9	19	20	380	ON	1
16	Spread Contracting	2061	9	19	20	380	ON	1
17	Spread Contracting	2080	9	19	20	380	ON	1
18	Spread Contracting	2093	3	7	20	140	ON	1
19	Spread Contracting	8032	9	19	10	190	ON	1
20	Spread Contracting	4016	9	19	10	190	ON	1
21	Spread Contracting	1004	9	19	10	190	ON	1
22	Spread Contracting	502	9	19	10	190	ON	1
23	Spread Contracting	1488	9	19	10	190	ON	1
24	Spread Contracting	744	9	19	10	190	ON	1
25	Spread Contracting	998	9	19	10	190	ON	1
26	Spread Contracting	665	9	19	10	190	ON	1
27	Spread Contracting	333	9	19	10	190	ON	1
28	Spread Contracting	696	9	19	10	190	ON	1
29	Spread Contracting	464	9	19	10	190	ON	1
30	Spread Contracting	232	9	19	10	190	ON	1
31	Spread Contracting	866	9	19	10	190	ON	1
32	Spread Contracting	433	9	19	10	190	ON	1
33	Spread Contracting	216	9	19	10	190	ON	1
34	Spread Contracting	776	9	19	10	190	ON	1
35	Spread Contracting	634	9	19	10	190	ON	1
36	Spread Contracting	556	9	19	10	190	ON	1
37	Spread Contracting	120	9	19	10	190	ON	1
38	Spread Contracting	95	9	19	10	190	ON	1
39	Spread Contracting	72	9	19	10	190	ON	1
40	Spread Contracting	20	9	19	10	190	ON	1
<b>Total frequencies used:</b>		<b>688</b>				<b>Total seconds: 9390</b>		
						<b>Total minutes: 158</b>		
						<b>Total hours: 2 hours and 38 minutes</b>		

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This Cancer protocol is based on six years of observing results of frequency use. It combines the best of all our individual cancer related protocols into a single session. It may be best used as a maintenance Bank for those who have their cancer under control or as a preventative Bank.

This protocol uses wave packets in a different fashion than those used in Banks 1 & 2.

"Spread Contracting" is a bombardment method which lobbs frequencies alternating to the left and right of the selected primary frequency in a precision fashion and working their way toward the selected frequency. This method should minimize the microbe's ability to mutate.

Protocol may be split into two sessions no more than 4 hours apart.

The use of frequency wave packets has shown an increase in protocol effectiveness.

*Amended: October 14, 2004 – This protocol written by Donald L Tunney in March 2001 and replaces any used previous to this date.*

**Bank 4****West Nile Virus****Duty Cycle: 70% (Square wave)  
Output: Positive**

Level	Wave Form	Base	Width	Total # Freqs Run	Time Ea In Secds	Total Time In Secds	Pulse	Pulse Rate
1	Spread Contracting	8410	5	11	20	220	On	1
2	Spread Contracting	3309	5	11	20	220	On	1
3	Spread Contracting	1385	5	11	20	220	On	1
4	Spread Contracting	1239	5	11	20	220	On	1
5	Spread Contracting	1115	5	11	20	220	On	1
6	Spread Contracting	841	5	11	20	220	On	1
7	Spread Contracting	799	5	11	20	220	On	1
8	Spread Contracting	730	5	11	20	220	On	1
9	Spread Contracting	697	5	11	20	220	On	1
10	Spread Contracting	686	5	11	20	220	On	1
11	Spread Contracting	664	5	11	20	220	On	1
12	Spread Contracting	514	5	11	20	220	On	1
13	Spread Contracting	498	5	11	20	220	On	1
14	Spread Contracting	484	5	11	20	220	On	1
15	Spread Contracting	465	5	11	20	220	On	1
16	Spread Contracting	434	5	11	20	220	On	1
17	Spread Contracting	404	5	11	20	220	On	1
18	Spread Contracting	313	5	11	20	220	On	1
19	Spread Contracting	240	5	11	20	220	On	1

**Total frequencies used: 209****Total seconds: 4180****Total minutes: 70****Total hours: 1 hour and 10 minutes**

This protocol is based upon frequencies provided by others. The frequencies are experimental. Resonant Light Devices are for experimental and research purposes only. Those who choose to proceed at their own risk should be aware of the entire contents of the Operations Manual before using this technology.

Custom frequencies come from a variety of sources, such as:

- CAFL - [www.electroherbalism.com](http://www.electroherbalism.com)
- STONE CIRCLE – [www.stonecirclealternatives.com/rifeail.pdf](http://www.stonecirclealternatives.com/rifeail.pdf)
- “THE HANDBOOK OF RIFE FREQUENCIES” - by Nenah Sylver

**Bank 5****SARS 1 and SARS 2****Duty Cycle: 70% (Square wave)  
Output: Positive**

Level	Wave Form	Base	Width	Total # Freqs Run	Time Ea In Secs	Total Time In Secs	Pulse	Pulse Rate
<b>SARS 1</b>								
1	Single Frequency	10000		1	180	180	On	1
2	Spread Contracting	9918	5	11	20	220	On	1
3	Spread Contracting	9740	5	11	20	220	On	1
4	Spread Contracting	5000	5	11	20	220	On	1
5	Spread Contracting	4959	5	11	20	220	On	1
6	Spread Contracting	4870	5	11	20	220	On	1
7	Spread Contracting	2479	5	11	20	220	On	1
8	Spread Contracting	2435	5	11	20	220	On	1
9	Spread Contracting	1369	5	11	20	220	On	1
10	Spread Contracting	1304	5	11	20	220	On	1
11	Spread Contracting	1239	5	11	20	220	On	1
12	Spread Contracting	1217	5	11	20	220	On	1
13	Spread Contracting	774	5	11	20	220	On	1
14	Spread Contracting	760	5	11	20	220	On	1
15	Spread Contracting	619	5	11	20	220	On	1
16	Spread Contracting	608	5	11	20	220	On	1
17	Spread Contracting	464	5	11	20	220	On	1
18	Spread Contracting	309	5	11	20	220	On	1
19	Spread Contracting	155	5	11	20	220	On	1
20	Spread Contracting	120	5	11	20	220	On	1

**Total frequencies used: 210****Total seconds: 4360****Total minutes: 73****Total hours: 1 hour and 13 minutes**

<b>SARS 2</b>								
21	Single Frequency	10000		1	180	180	On	1
22	Spread Contracting	9335	5	11	20	220	On	1
23	Spread Contracting	5301	5	11	20	220	On	1
24	Spread Contracting	5000	5	11	20	220	On	1
25	Spread Contracting	4667	5	11	20	220	On	1
26	Spread Contracting	2651	5	11	20	220	On	1
27	Spread Contracting	2333	5	11	20	220	On	1
28	Spread Contracting	1491	5	11	20	220	On	1
29	Spread Contracting	1325	5	11	20	220	On	1
30	Spread Contracting	1312	5	11	20	220	On	1
31	Spread Contracting	1167	5	11	20	220	On	1
32	Spread Contracting	627	5	11	20	220	On	1
33	Spread Contracting	583	5	11	20	220	On	1
34	Spread Contracting	497	5	11	20	220	On	1
35	Spread Contracting	437	5	11	20	220	On	1
36	Spread Contracting	331	5	11	20	220	On	1
37	Spread Contracting	291	5	11	20	220	On	1
38	Spread Contracting	165	5	11	20	220	On	1
39	Spread Contracting	145	5	11	20	220	On	1

**Total frequencies used: 199****Total seconds: 4140****Total minutes: 69****Total hours: 1 hour and 9 minutes**

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- STONE CIRCLE - [www.stonecirclealternatives.com/rifeail.pdf](http://www.stonecirclealternatives.com/rifeail.pdf)
- "THE HANDBOOK OF RIFE FREQUENCIES" by Nenah Sylver

**Bank 6****SARS Alternative****Duty Cycle: 70% (Square wave)  
Output: Positive**

Level	Wave Form	Base	Width	Total # Freqs Run	Time Ea In Secds	Total Time In Secds	Pulse	Pulse Rate
1	Single Frequency	10000		1	180	180	On	1
2	Single Frequency	5000		1	180	180	On	1
3	Spread Contracting	1048	5	11	20	220	On	1
4	Spread Contracting	1000	5	11	20	220	On	1
5	Spread Contracting	937	5	11	20	220	On	1
6	Spread Contracting	774	5	11	20	220	On	1
7	Spread Contracting	720	5	11	20	220	On	1
8	Spread Contracting	795	5	11	20	220	On	1
9	Spread Contracting	651	5	11	20	220	On	1
10	Spread Contracting	597	5	11	20	220	On	1
11	Spread Contracting	563	5	11	20	220	On	1
12	Spread Contracting	524	5	11	20	220	On	1
13	Spread Contracting	499	5	11	20	220	On	1
14	Spread Contracting	120	5	11	20	220	On	1
15	Spread Contracting	13	5	11	20	220	On	1
<b>Total frequencies used:</b>		<b>145</b>				<b>Total seconds: 3220</b>		
						<b>Total minutes: 54</b>		

This protocol is based upon frequencies provided by others. The frequencies are experimental. Resonant Light Devices are for experimental and research purposes only. Those who choose to proceed at their own risk should be aware of the entire contents of the Operations Manual before using this technology.

Custom frequencies come from a variety of sources, such as:

- CAFL - [www.electroherbalism.com](http://www.electroherbalism.com)
- STONE CIRCLE – [www.stonecirclealternatives.com/rifeail.pdf](http://www.stonecirclealternatives.com/rifeail.pdf)
- “THE HANDBOOK OF RIFE FREQUENCIES” - by Nenah Sylver

**Bank 7****Oncoming Flu or Cold****Duty Cycle: 70% (Square wave)  
Output: Positive**

Level	Wave Form	Base	Width	Total # Freqs Run	Time Ea In Seconds	Total Time In Seconds	Pulse	Pulse Rate
1	Spread Contracting	3176	9	19	12	228	ON	1
2	Spread Contracting	2489	9	19	12	228	ON	1
3	Spread Contracting	880	9	19	12	228	ON	1
4	Spread Contracting	800	9	19	12	228	ON	1
5	Spread Contracting	728	9	19	12	228	ON	1
6	Spread Contracting	665	9	19	12	228	ON	1
<b>Total frequencies used:</b>		<b>114</b>				<b>Total seconds: 1368</b>		
						<b>Total minutes: 23</b>		

Upon first signs of Cold or Flu use this protocol three times during that day.

For example, if you wake up with signs of a sore throat, use this protocol twice more during the day.

For best results use this protocol every two to three hours for a total of three uses.

\*Particular viral strains may be resistant to this protocol and if you do not have the results you desire, try protocol Bank 12 – Herpes Simplex.

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For those who choose to proceed at your own risk, we ask that you make yourself aware of the entire contents of this manual before using this technology.

The use of frequency wave packets has shown an increase in protocol effectiveness.

*Amended: October 14, 2004 – This protocol written by Donald L Tunney in March 2001 and replaces any used previous to this date.*

**Bank 8****Hepatitis A, B, C & D****Duty Cycle: 70% (Square wave)**

Run this protocol in conjunction with Bank 12 – Herpes Simplex.

**Output: Positive**

Level	Wave Form	Base	Width	Total # Freqs Run	Time Ea In Seconds	Total Time In Seconds	Pulse	Pulse Rate
1	Single Frequency	10000		1	180	180	ON	1
2	Single Frequency	5000		1	180	180	ON	1
3	Spread Contracting	3220	9	19	20	380	ON	1
4	Spread Contracting	3176	9	19	20	380	ON	1
5	Spread Contracting	2489	9	19	20	380	ON	1
6	Spread Contracting	1865	9	19	20	380	ON	1
7	Spread Contracting	1600	9	19	20	380	ON	1
8	Spread Contracting	1550	9	19	20	380	ON	1
9	Spread Contracting	1500	9	19	20	380	ON	1
10	Spread Contracting	880	9	19	20	380	ON	1
11	Spread Contracting	802	9	19	20	380	ON	1
12	Spread Contracting	665	9	19	20	380	ON	1
13	Spread Contracting	650	9	19	20	380	ON	1
14	Spread Contracting	600	9	19	20	380	ON	1
15	Spread Contracting	444	9	19	20	380	ON	1
16	Spread Contracting	250	9	19	20	380	ON	1
17	Spread Contracting	166	5	11	30	330	ON	1
18	Spread Contracting	146	5	11	30	330	ON	1
19	Spread Contracting	125	5	11	30	330	ON	1
20	Spread Contracting	95	3	7	30	210	ON	1
21	Spread Contracting	72	3	7	30	210	ON	1
22	Single Frequency	28		1	180	180	ON	1
23	Single Frequency	20		1	180	180	ON	1

**Total frequencies used: 317****Total seconds: 7450****Total minutes: 124****Total hours: 2 hours and 4 minutes****Run this protocol in conjunction with Bank 12 – Herpes Simplex for Hepatitis A, B & D.**

Protocol may be split into two sessions no more than 4 hours apart.

This protocol is based upon frequencies provided by others.

The PERL is a light transmitted frequency device. Use of this device is experimental and for research purposes only.

For those who choose to proceed at your own risk, we ask that you make yourself aware of the entire contents of this manual before using this technology.

The use of frequency wave packets has shown an increase in protocol effectiveness.

*Amended: October 14, 2004 – This protocol written by Donald L Tunney in March 2001 and replaces any used previous to this date.*



**Bank 9****Candida Albicans - Yeast or Thrush****Duty Cycle: 70% (Square wave)  
Output: Positive**

Level	Wave Form	Base	Width	Total # Freqs Run	Time Ea In Seconds	Total Time In Seconds	Pulse	Pulse Rate
1	Single Frequency	10000		1	180	180	ON	1
2	Single Frequency	5000		1	180	180	ON	1
3	Spread Contracting	3176	9	19	10	190	ON	1
4	Spread Contracting	2489	9	19	10	190	ON	1
5	Spread Contracting	1395	9	19	10	190	ON	1
6	Spread Contracting	1276	9	19	10	190	ON	1
7	Spread Contracting	1160	9	19	10	190	ON	1
8	Spread Contracting	1044	9	19	10	190	ON	1
9	Spread Contracting	928	9	19	15	285	ON	1
10	Spread Contracting	877	9	19	10	190	ON	1
11	Spread Contracting	812	9	19	10	190	ON	1
12	Spread Contracting	728	9	19	15	285	ON	1
13	Spread Contracting	696	9	19	10	190	ON	1
14	Spread Contracting	580	9	19	10	190	ON	1
15	Spread Contracting	464	9	19	20	380	ON	1
16	Spread Contracting	381	9	19	10	190	ON	1
17	Spread Contracting	348	9	19	10	190	ON	1
18	Spread Contracting	232	9	19	15	285	ON	1
19	Spread Contracting	116	9	19	15	285	ON	1
20	Spread Contracting	58	5	11	15	165	ON	1
21	Single Frequency	20		1	180	180	ON	1
<b>Total frequencies used:</b>		<b>337</b>				<b>Total seconds: 4505</b>		
						<b>Total minutes: 75</b>		
						<b>Total hours: 1 hour and 15 minutes</b>		

Once this protocol is running, do not stop it longer than for a 15 minute break maximum.

This protocol is based upon frequencies provided by others.

This replaces single frequency protocols designed in 1996/1997/1998 and used until early 2002.

NOTE: Over 80 strains of Candida Albicans have been identified.

**THIS PROTOCOL MUST BE USED VERY AGGRESSIVELY.**

Example: Run once a day for 4 days, then take 3 consecutive days off. If a more aggressive approach is needed, run 2 – 3 times a day for 5 days, then take 2 days off.

**Candida requires sweets and anything with yeast to colonize!**

The PERL is a light transmitted frequency device. Use of this device is experimental and for research purposes only. For those who choose to proceed at your own risk, we ask that you make yourself aware of the entire contents of this manual before using this technology.

The use of frequency wave packets has shown an increase in protocol effectiveness.

*Amended: October 14, 2004 – This protocol written by Donald L Tunney in March 2001 and replaces any used previous to this date.*

**Bank 10**

**Lyme**

**Duty Cycle: 70% (Square wave)  
Output: Positive**

Level	Wave Form	Base	Width	Total # Freqs Run	Time Ea In Seconds	Total Time In Seconds	Pulse	Wave Shape	Duty Cycle	Pulse Rate
1	Single Frequency	10000		1	180	180	ON	Square	70%	1
2	Single Frequency	8554		1	60	60	ON	Square	70%	1
3	Single Frequency	5000		1	180	180	ON	Square	70%	1
4	Spread Contracting	3176	9	19	10	190	ON	Square	70%	1
5	Spread Contracting	2489	9	19	10	190	ON	Square	70%	1
6	Spread Contracting	1583	9	19	20	380	ON	Square	70%	1
7	Single Frequency	1455		1	60	60	ON	Square	70%	1
8	Single Frequency	884		1	60	60	ON	Square	70%	1
9	Spread Contracting	865	9	19	20	380	ON	Square	70%	1
10	Spread Contracting	619	3	7	20	140	ON	Square	70%	1
11	Single Frequency	797		1	60	60	ON	Square	70%	1
12	Spread Contracting	785	9	19	20	380	ON	Square	70%	1
13	Spread Contracting	753	9	19	30	570	ON	Square	70%	1
14	Single Frequency	732		1	60	60	ON	Square	70%	1
15	Spread Contracting	728	9	19	20	380	ON	Square	70%	1
16	Spread Contracting	685	9	19	30	570	ON	Square	70%	1
17	Single Frequency	673		1	60	60	ON	Square	70%	1
18	Spread Contracting	665	9	19	20	380	ON	Square	70%	1
19	Single Frequency	640		1	60	60	ON	Square	70%	1
20	Spread Contracting	625	9	19	20	380	ON	Square	70%	1
21	Spread Contracting	610	9	19	20	380	ON	Square	70%	1
22	Single Frequency	589		1	60	60	ON	Square	70%	1
23	Spread Contracting	570	9	19	20	380	ON	Square	70%	1
24	Single Frequency	533		1	60	60	ON	Square	70%	1
25	Spread Contracting	484	5	11	20	220	ON	Square	70%	1
26	Spread Contracting	432	5	11	20	220	ON	Square	70%	1
27	Spread Contracting	413	3	7	30	210	ON	Square	70%	1
28	Single Frequency	338		1	60	60	ON	Square	70%	1
29	Single Frequency	304		1	60	60	OFF	Square	70%	-
30	Single Frequency	242		1	60	60	ON	Square	70%	1
31	Single Frequency	203		1	60	60	ON	Square	70%	1
32	Spread Contracting	120	5	11	20	220	ON	Square	70%	1
33	Single Frequency	38014.3		1	180	180	ON	Sine	50%	1
34	Single Frequency	56656.4		1	180	180	ON	Sine	50%	1
35	Single Frequency	6000		1	180	180	OFF	Sine	50%	-

**Total frequencies used: 293**

**Total seconds: 7250**

**Total minutes: 121 approx.**

**Total hours: 2 hours 1 minute approx.**

Protocol may be split into two sessions, no more than 4 hours apart.

You might wish to use Bank 12-Herpes Simplex in conjunction with Bank 10-Lyme, once you are able to run the full Lyme protocol in one sitting. Once Lyme is under control, use Bank 12-Herpes Simplex when you feel it is needed.

Bk 10-Lyme: Revised 02Nov11. This protocol replaces all previously issued protocols for Lyme.

Resonant Light Technology Inc is not offering medical advice. This protocol is based upon frequencies provided by others. These frequencies are experimental. The Resonant Light device is for experimental and research purposes only. For those who choose to proceed at their own risk, we ask that you make yourself aware of the entire contents of the operations manual before using this technology. It is up to you to discern what is suitable for you, and to be in consultation with a qualified medical practitioner if you are ill.

Advisory: Resonant Light Technology has not tested or validated the effectiveness of "custom- made" frequency protocols. Custom frequencies come from a variety of sources such as:

- CAFL - [www.electroherbalism.com](http://www.electroherbalism.com)
- Stone Circle - <http://stonecirclealternatives.com/rifetech.html>
- The Rife Handbook of Frequency Therapy - Nengah Sylver

**Bank 11**

**Fibromyalgia, Chronic Fatigue, Gulf War Syndrome**

**Duty Cycle: 70% (Square wave)**

**Output: Positive**

Level	Wave Form	Base	Width	Total # Freqs Run	Time Ea In Seconds	Total Time In Seconds	Pulse	Pulse Rate
1	Single Frequency	10000		1	120	120	ON	1
2	Single Frequency	6000		1	120	120	ON	1
3	Single Frequency	5000		1	120	120	ON	1
4	Spread Contracting	3176	9	19	10	190	ON	1
5	Spread Contracting	2489	9	19	10	190	ON	1
6	Sweep Increasing	2128	8	9	20	180	ON	1
7	Sweep Decreasing	2128	8	9	20	180	ON	1
8	Sweep Increasing	2008	8	9	20	180	ON	1
9	Sweep Decreasing	2008	8	9	20	180	ON	1
10	Spread Contracting	1920	9	19	15	285	ON	1
11	Spread Contracting	1488	9	19	12	228	ON	1
12	Spread Contracting	1234	5	11	15	165	ON	1
13	Spread Contracting	1013	5	11	15	165	ON	1
14	Spread Contracting	880	5	11	15	165	ON	1
15	Spread Contracting	825	5	11	15	165	ON	1
16	Spread Contracting	800	5	11	15	165	ON	1
17	Spread Contracting	744	9	19	10	190	ON	1
18	Spread Contracting	728	3	7	15	105	ON	1
19	Spread Contracting	665	9	19	15	285	ON	1
20	Spread Contracting	464	9	19	15	285	ON	1
21	Spread Contracting	424	5	11	20	220	ON	1
22	Spread Contracting	328	5	11	15	165	ON	1
23	Spread Contracting	304	5	11	15	165	OFF	0
24	Spread Contracting	140	9	19	20	380	ON	1
25	Spread Contracting	120	9	19	20	380	ON	1
26	Single Frequency	20		1	120	120	ON	1

**Total frequencies used: 306**

**Total seconds: 5093**

**Total minutes: 85**

**Total hours: 1 hour and 25 minutes**

**Use of Bank 17 - Chlamydia is also recommended.**

**Protocol may be split into two sessions no more than 2 hours apart.**

This protocol is based upon frequencies provided by others.

The use of frequency wave packets has shown an increase in protocol effectiveness.

Minimum use is three times a week until feeling better, then use once a week for maintenance.

The PERL is a light transmitted frequency device. Use of this device is experimental and for research purposes only.

For those who choose to proceed at your own risk, we ask that you make yourself aware of the entire contents of this manual before using this technology.

The use of frequency wave packets has shown an increase in protocol effectiveness.

*Amended: October 14, 2004 – This protocol written by Donald L Tunney in March 2001 and replaces any used previous to this date.*

**Bank 12**

**Herpes Simplex – Long Protocol**

**Duty Cycle: 70% (Square wave)**

**Also works with Measles, Chicken & Small Pox, Mononucleosis, Shingles, Rubella.**

**Output: Positive**

**Also known as: Cold Sores, Epstein Barr, Variola, Aphthous Stomatosis, Pyorrhea**

Level	Wave Form	Base	Width	Total # Freqs Run	Time Ea In Seconds	Total Time In Seconds	Pulse	Pulse Rate
1	Single Frequency	10000		1	120	120	ON	1
2	Single Frequency	5000		1	120	120	ON	1
3	Spread Contracting	3176	9	19	10	190	ON	1
4	Spread Contracting	2489	9	19	10	190	ON	1
5	Spread Contracting	186	9	19	15	285	ON	1
6	Spread Contracting	372	9	19	15	285	ON	1
*7	Spread Contracting	427	9	19	10	190	ON	1
*8	Spread Contracting	446	9	19	10	190	ON	1
*9	Spread Contracting	465	9	19	15	285	ON	1
*10	Spread Contracting	484	9	19	10	190	ON	1
*11	Spread Contracting	503	9	19	10	190	ON	1
*12	Spread Contracting	522	9	19	10	190	ON	1
*13	Spread Contracting	541	9	19	10	190	ON	1
*14	Spread Contracting	560	9	19	10	190	ON	1
*15	Spread Contracting	579	9	19	10	190	ON	1
*16	Spread Contracting	598	9	19	10	190	ON	1
*17	Spread Contracting	617	9	19	10	190	ON	1
*18	Spread Contracting	636	9	19	10	190	ON	1
*19	Spread Contracting	655	9	19	10	190	ON	1
*20	Spread Contracting	674	9	19	15	285	ON	1
*21	Spread Contracting	693	9	19	10	190	ON	1
*22	Spread Contracting	712	9	19	10	190	ON	1
*23	Spread Contracting	731	9	19	15	285	ON	1
*24	Spread Contracting	750	9	19	10	190	ON	1
*25	Spread Contracting	769	9	19	15	285	ON	1
*26	Spread Contracting	788	9	19	10	190	ON	1
*27	Spread Contracting	807	9	19	15	285	ON	1
*28	Spread Contracting	826	9	19	10	190	ON	1
*29	Spread Contracting	845	9	19	10	190	ON	1
*30	Spread Contracting	864	9	19	10	190	ON	1
*31	Spread Contracting	883	9	19	15	285	ON	1
*32	Spread Contracting	902	9	19	10	190	ON	1
*33	Spread Contracting	921	9	19	10	190	ON	1
*34	Spread Contracting	940	9	19	10	190	ON	1
*35	Spread Contracting	959	9	19	10	190	ON	1
*36	Spread Contracting	978	9	19	10	190	ON	1
*37	Spread Contracting	997	9	19	10	190	ON	1
*38	Spread Contracting	1016	9	19	10	190	ON	1
*39	Spread Contracting	1035	9	19	10	190	ON	1
*40	Spread Contracting	1054	9	19	10	190	ON	1
*41	Spread Contracting	1073	9	19	10	190	ON	1
42	Spread Contracting	1488	9	19	15	285	ON	1
43	Spread Contracting	1550	9	19	15	285	ON	1
44	Spread Contracting	1568	9	19	15	285	ON	1
45	Spread Contracting	1644	9	19	10	190	ON	1
46	Spread Contracting	1865	9	19	10	190	ON	1
47	Spread Contracting	1909	9	19	10	190	ON	1
48	Spread Contracting	2976	9	19	15	285	ON	1
49	Spread Contracting	5310	9	19	10	190	ON	1
50	Spread Contracting	5952	9	19	15	285	ON	1

**Total frequencies used: 914**

**Total seconds: 10595**

**Total minutes: 177**

**\*=consecutive**

**Total hours: 2 hours and 57 minutes**

This set is specific for: cold sores, Herpes Simplex 1

This bank is used as the starting point for using any of the Herpes banks of frequencies.

Run bank once a day, 5 days on (meaning 5 days in a row), then take 2 days off. Continue in this way until the microbial infection is gone. Run from beginning to end in a single session. If detox is heavy, run 2 days on, 1 off, 2 on, 2 off, until it lessens, and you can do 5 days in a row.

If using for Herpes Simplex 1 only, then continue to use it until several cycles of when an outbreak would normally have happened, have passed. For instance, if one gets cold sores in conjunction with the onset of the menstrual cycle, then run this set until a menstrual cycle passes without an outbreak.

If continuing on with a more specific set, use this set for 1 to 3, 5-day sessions before doing so. If there are any signs of detox reaction, continue using this set until detox subsides, and then continue on with the more specific set that you need. Specific sets for Measles, Chicken and Small Pox, Mononucleosis, Shingles, Rubella, Epstein-Barr, Variola, Aphthous Stomatitis and Pyorrhea are available upon request from the support team.

Bank 13

Parasites – General  
Cleansing for the colon

Duty Cycle: 70% (Square wave)  
**Output: Positive**

Level	Wave Form	Base	Width	Total # Freqs Run	Time Ea In Seconds	Total Time In Seconds	Pulse	Pulse Rate
1	Single Frequency	10000			180	180	ON	1
2	Single Frequency	6000			180	180	ON	1
3	Single Frequency	5000			180	180	ON	1
4	Spread Contracting	3176	9	19	15	285	ON	1
5	Spread Contracting	2489	9	19	15	285	ON	1
6	Spread Contracting	1864	9	19	15	285	ON	1
7	Spread Contracting	1488	9	19	20	380	ON	1
8	Spread Contracting	986	9	19	15	285	ON	1
9	Spread Contracting	864	9	19	15	285	ON	1
10	Spread Contracting	784	9	19	15	285	ON	1
11	Spread Contracting	728	9	19	20	380	ON	1
12	Spread Contracting	665	9	19	20	380	ON	1
13	Spread Contracting	650	9	19	20	380	ON	1
14	Spread Contracting	464	9	19	30	570	ON	1
15	Spread Contracting	334	9	19	30	570	ON	1
16	Spread Contracting	125	9	19	30	570	ON	1
17	Spread Contracting	96	9	19	30	570	ON	1
18	Spread Contracting	72	9	19	30	570	ON	1
19	Spread Contracting	64	9	19	30	570	ON	1
<b>Total frequencies used:</b>		<b>307</b>				<b>Total seconds: 7190</b>		
						<b>Total minutes: 122</b>		
						<b>Total hours: 2 hours</b>		

This is a long protocol and may be split into two sessions no more than 4 hours apart.

Works best when used with a herbal colon parasite cleanse starting 5 days prior to the full moon and ending 5 days after.

Use twice the first day, then once a day for first 5 days, then once every second day until day 11.

For increased effectiveness -

Alternate between this protocol Bank 13 and Bank 15 - Roundworms.

The PERL, which is a light transmitted frequency device. Use of this device is experimental and for research purposes only. For those who choose to proceed at your own risk, we ask that you make yourself aware of the entire contents of this manual before using this technology.

This protocol is based upon frequencies provided by others.

The use of frequency wave packets has shown an increase in protocol effectiveness.

*Amended: October 14, 2004 – This protocol written by Donald L Tunney in March 2001 and replaces any used previous to this date.*

**Bank 14****E-Coli****Duty Cycle: 70% (Square wave)**

This protocol must be used as an adjunct when cancer protocols are being used.

**Output: Positive**

Level	Wave Form	Base	Width	Total # Freqs Run	Time Ea In Seconds	Total Time In Seconds	Pulse	Pulse Rate
1	Sweep Increasing	7847	8	9	10	90	ON	1
2	Sweep Decreasing	7847	8	9	10	90	ON	1
3	Spread Contracting	1730	9	19	20	380	ON	1
4	Spread Contracting	1712	9	19	12	228	ON	1
5	Spread Contracting	1244	9	19	15	285	ON	1
6	Spread Contracting	1000	9	19	15	285	ON	1
7	Spread Contracting	934	9	19	15	285	ON	1
8	Spread Contracting	856	9	19	12	228	ON	1
9	Spread Contracting	840	9	19	20	380	ON	1
10	Spread Contracting	800	9	19	20	380	ON	1
11	Spread Contracting	776	3	7	30	210	ON	1
12	Spread Contracting	634	9	19	30	570	ON	1
13	Spread Contracting	556	9	19	30	570	ON	1
14	Spread Contracting	330	5	11	20	220	ON	1

**Total frequencies used: 226****Total seconds: 4201****Total minutes: 70****Total hours: 1 and 10 minutes**

Do not interrupt this protocol for any longer than 15 minutes maximum.

The PERL is a light transmitted frequency device. Use of this device is experimental and for research purposes only. For those who choose to proceed at your own risk, we ask that you make yourself aware of the entire contents of this manual before using this technology.

This protocol is based upon frequencies provided by others.

The use of frequency wave packets has shown an increase in protocol effectiveness.

*Amended: October 14, 2004 – This protocol written by Donald L Tunney in March 2001 and replaces any used previous to this date.*

**Bank 15****Parasites – Roundworms**

Cleansing for the Colon

**Duty Cycle: 70% (Square wave)****Output: Positive**

Level	Wave Form	Base	Width	Total # Freqs Run	Time Ea In Seconds	Total Time In Seconds	Pulse	Pulse Rate
1	Single Frequency	8146		1	300	300	ON	1
2	Single Frequency	2489		1	180	180	ON	1
3	Single Frequency	3176		1	180	180	ON	1
4	Spread Contracting	1146	9	19	20	380	ON	1
5	Spread Contracting	1077	9	19	20	380	ON	1
6	Spread Contracting	797	9	19	20	380	ON	1
7	Spread Contracting	770	9	19	20	380	ON	1
8	Spread Contracting	751	9	19	20	380	ON	1
9	Spread Contracting	650	9	19	20	380	ON	1
10	Spread Contracting	442	9	19	20	380	ON	1
11	Spread Contracting	380	9	19	20	380	ON	1
12	Spread Contracting	342	9	19	20	380	ON	1
13	Single Frequency	304		1	180	180	OFF	0
14	Spread Contracting	266	9	19	20	380	ON	1
15	Spread Contracting	240	9	19	20	380	ON	1
16	Spread Contracting	228	9	19	20	380	ON	1
17	Single Frequency	190		1	180	180	ON	1
18	Single Frequency	152		1	180	180	ON	1
19	Spread Contracting	143	9	19	30	570	ON	1
20	Spread Contracting	128	9	19	30	570	ON	1
21	Spread Contracting	120	9	19	30	570	ON	1
22	Single Frequency	114		1	180	180	ON	1
23	Spread Contracting	104	9	19	30	570	ON	1
24	Single Frequency	76		1	180	180	ON	1
25	Single Frequency	38		1	180	180	ON	1

**Total frequencies used: 313****Total seconds: 8580****Total minutes: 143****Total hours: 2 hours and 23 minutes****Protocol may be split into two sessions no more than 4 hours apart.**

The PERL is a light transmitted frequency device. Use of this device is experimental and for research purposes only. For those who choose to proceed at your own risk, we ask that you make yourself aware of the entire contents of this manual before using this technology.

This protocol is based upon frequencies provided by others.

The use of frequency wave packets has shown an increase in protocol effectiveness.

*Amended: October 14, 2004 – This protocol written by Donald L Tunney in March 2001 and replaces any used previous to this date.*

**Bank 16**

**Papilloma Virus - Including Papilloma Infected Kidney**  
**Duty Cycle: 70% (Square wave)                      Output: Positive**

Level	Wave Form	Base	Width	Total # Freqs Run	Time Ea In Seconds	Total Time In Seconds	Pulse	Pulse Rate
1	Spread Contracting	110	5	11	12	132	ON	1
2	Spread Contracting	148	5	11	12	132	ON	1
3	Spread Contracting	265	9	19	12	228	ON	1
4	Spread Contracting	404	9	19	12	228	ON	1
5	Spread Contracting	465	9	19	12	228	ON	1
6	Spread Contracting	489	9	19	12	228	ON	1
7	Spread Contracting	634	9	19	12	228	ON	1
8	Spread Contracting	767	9	19	12	228	ON	1
9	Spread Contracting	848	5	11	12	132	ON	1
10	Spread Contracting	879	9	19	12	228	ON	1
11	Spread Contracting	912	9	19	12	228	ON	1
12	Spread Contracting	1011	5	11	12	132	ON	1
13	Spread Contracting	1102	5	11	12	132	ON	1
14	Spread Contracting	1133	9	19	12	228	ON	1
15	Spread Contracting	1152	5	11	12	132	ON	1
16	Spread Contracting	1765	5	11	12	132	ON	1
17	Spread Contracting	3529	5	11	12	132	ON	1
18	Spread Contracting	5757	5	11	12	132	ON	1
19	Spread Contracting	9258	9	19	12	228	ON	1
20	Spread Contracting	9609	9	19	12	228	ON	1
21	Spread Contracting	16970	9	19	10	190	ON	1
22	Spread Contracting	64729	9	19	10	190	ON	1
23	Spread Contracting	67260	9	19	10	190	ON	1
24	Spread Contracting	665	9	19	12	228	ON	1
25	Spread Contracting	333	9	19	10	190	ON	1
26	Spread Contracting	644	9	19	12	228	ON	1
27	Spread Contracting	322	9	19	10	190	ON	1
28	Spread Contracting	953	9	19	12	228	ON	1
29	Spread Contracting	427	9	19	10	190	ON	1
30	Spread Contracting	787	9	19	12	228	ON	1
31	Spread Contracting	394	9	19	10	190	ON	1
32	Spread Contracting	918	9	19	12	228	ON	1
33	Spread Contracting	459	9	19	10	190	ON	1
34	Spread Contracting	346	9	19	12	228	ON	1
35	Spread Contracting	173	9	19	10	190	ON	1

**Total frequencies used:                      593**  
**Total seconds: 6774**  
**Total minutes: 113**  
**Total hours:    1 hour and 53 minutes**

Protocol may be split into two sessions no more than 4 hours apart.

This protocol may be stopped upon completion of Level 23.

Levels 24 - 35 are for other various warts, including Verruca, Planter, Condyloma warts.

The PERL is a light transmitted frequency device. Use of this device is experimental and for research purposes only. For those who choose to proceed at your own risk, we ask that you make yourself aware of the entire contents of this manual before using this technology.

This protocol is based upon frequencies provided by others.

The use of frequency wave packets has shown an increase in protocol effectiveness.

*Amended: October 14, 2004 – This protocol written by Donald L Tunney in March 2001 and replaces any used previous to this date.*



**Bank 17**  
**(Square wave)**

**Chlamydia Bacterium**

**Duty Cycle: 70%**

Including Pneumonia & Trachomatis

**Output: Positive**

Level	Wave Form	Base	Width	Total # Freqs Run	Time Ea In Seconds	Total Time In Seconds	Pulse	Pulse Rate
1	Spread Contracting	430	5	11	20	220	ON	1
2	Spread Contracting	470	9	19	20	380	ON	1
3	Spread Contracting	555	5	11	20	220	ON	1
4	Spread Contracting	622	9	19	20	380	ON	1
5	Spread Contracting	840	5	11	20	220	ON	1
6	Spread Contracting	866	5	11	20	220	ON	1
7	Spread Contracting	942	9	19	20	380	ON	1
8	Spread Contracting	2218	9	19	20	380	ON	1
9	Spread Contracting	3768	5	11	20	220	ON	1
<b>Total frequencies used:</b>		<b>131</b>				<b>Total seconds: 2620</b>		
						<b>Total minutes: 44</b>		

Chlamydia may be associated with MS and heart degeneration. I recommend its occasional use even though there are no indications of the disease.

The PERL is a light transmitted frequency device. Use of this device is experimental and for research purposes only. For those who choose to proceed at your own risk, we ask that you make yourself aware of the entire contents of this manual before using this technology.

This protocol is based upon frequencies provided by others.

The use of frequency wave packets has shown an increase in protocol effectiveness.

*Amended: October 14, 2004 – This protocol written by Donald L Tunney in March 2001 and replaces any used previous to this date.*

**Bank 18****Multiple Sclerosis****Duty Cycle: 70% (Square wave)**

Also use Bank 12 – Herpes, and Bank 17 – Chlamydia

**Output: Positive**

Level	Wave Form	Base	Width	Total # Freqs Run	Time Ea In Seconds	Total Time In Seconds	Pulse	Pulse Rate
1	Single Frequency	10000		1	120	120	ON	1
2	Single Frequency	6000		1	120	120	ON	1
3	Single Frequency	5000		1	600	600	ON	1
4	Sweep Increasing	3176	8	9	10	90	ON	1
5	Sweep Decreasing	3176	8	9	10	90	ON	1
6	Sweep Increasing	2489	8	9	10	90	ON	1
7	Sweep Decreasing	2489	8	9	10	90	ON	1
8	Sweep Increasing	3057	8	9	10	90	ON	1
9	Sweep Decreasing	3057	8	9	10	90	ON	1
10	Sweep Increasing	2008	8	9	10	90	ON	1
11	Sweep Decreasing	2008	8	9	10	90	ON	1
12	Spread Contracting	2358	9	19	20	380	ON	1
13	Spread Contracting	1488	9	19	30	570	ON	1
14	Spread Contracting	2467	9	19	20	380	ON	1
15	Spread Contracting	3040	9	19	20	380	ON	1
16	Spread Contracting	880	9	19	20	380	ON	1
17	Spread Contracting	787	9	19	20	380	ON	1
18	Spread Contracting	800	9	19	20	380	ON	1
19	Spread Contracting	728	3	7	30	210	ON	1
20	Spread Contracting	665	9	19	30	570	ON	1
21	Spread Contracting	464	9	19	30	570	ON	1
22	Spread Contracting	242	5	11	20	220	ON	1
23	Spread Contracting	224	5	11	20	220	ON	1
24	Spread Contracting	304	5	11	20	220	OFF	0
25	Spread Contracting	166	9	19	20	380	ON	1
26	Spread Contracting	120	9	19	20	380	ON	1
27	Single Frequency	20		1	120	120	ON	1

**Total frequencies used:****325****Total seconds: 7300****Total minutes: 122****Total hours: 2 hours and 2 minutes**

This protocol may be broken into two sessions as long as they are not more than four hours apart.

The PERL is a light transmitted frequency device. Use of this device is experimental and for research purposes only. For those who choose to proceed at your own risk, we ask that you make yourself aware of the entire contents of this manual before using this technology.

This protocol is based upon frequencies provided by others.

The use of frequency wave packets has shown an increase in protocol effectiveness.

*Amended: October 14, 2004 – This protocol written by Donald L Tunney in March 2001 and replaces any used previous to this date.*

**Bank 19****Immune System Booster****Duty Cycle: 70% (Square wave)  
Output: Positive**

Level	Wave Form	Base	Width	Total # Freqs Run	Time Ea In Seconds	Total Time In Seconds	Pulse	Pulse Rate
1	Single Frequency	10000		1	180	180	ON	1
2	Single Frequency	5000		1	180	180	ON	1
3	Spread Contracting	3176	9	19	10	190	ON	1
4	Spread Contracting	2720	9	19	10	190	ON	1
5	Spread Contracting	2489	9	19	10	190	ON	1
6	Spread Contracting	1488	9	19	12	228	ON	1
7	Spread Contracting	880	9	19	10	190	ON	1
8	Spread Contracting	800	9	19	10	190	ON	1
9	Spread Contracting	787	9	19	10	190	ON	1
10	Spread Contracting	728	3	7	20	140	ON	1
11	Spread Contracting	665	9	19	12	228	ON	1
12	Spread Contracting	464	9	19	20	380	ON	1
13	Single Frequency	304		1	180	180	OFF	0
14	Spread Contracting	120	9	19	20	380	ON	1
15	Single Frequency	20		1	60	60	ON	1
<b>Total frequencies used:</b>		<b>201</b>				<b>Total seconds: 3096</b>		
						<b>Total minutes: 52</b>		

Protocol may be split into two sessions no more than 4 hours apart.

These are the frequencies that were run from 1996 to the present, for group volunteer sessions.  
The difference between this protocol and the original is that this uses wave packets to increase effectiveness.

The PERL is a light transmitted frequency device. Use of this device is experimental and for research purposes only.  
For those who choose to proceed at your own risk, we ask that you make yourself aware of the entire contents of this manual before us:

This protocol is based upon frequencies provided by others.

The use of frequency wave packets has shown an increase in protocol effectiveness.  
*Amended: October 14, 2004 – This protocol written by Donald L Tunney in March 2001 and replaces any used previous to this date.*

**Bank 20****Meditation – Relaxation****Duty Cycle: 50% (Sine wave)  
Output: Positive**

Level	Wave Form	Base	Width	Total # Freqs Run	Time Ea In Seconds	Total Time In Seconds	Pulse
1	Sweep Decreasing	28	8	9	20	180	OFF
2	Sweep Decreasing	19	8	9	20	180	OFF
3	Sweep Decreasing	10	2	3	20	60	OFF
4	Single Frequency	7.83		1	360	360	OFF
5	Single Frequency	6		1	360	360	OFF
6	Single Frequency	5		1	360	360	OFF
7	Single Frequency	6		1	360	360	OFF
8	Single Frequency	7.83		1	360	360	OFF
9	Sweep Increasing	8	8	9	10	90	OFF
10	Sweep Increasing	17	8	9	10	90	OFF
11	Sweep Increasing	26	2	3	10	30	OFF
<b>Total frequencies used:</b>		<b>47</b>				<b>Total seconds: 2430</b>	
						<b>Total minutes: 41</b>	

The PERL is a light transmitted frequency device. Use of this device is experimental and for research purposes only. For those who choose to proceed at your own risk, we ask that you make yourself aware of the entire contents of this manual before using this technology.

This protocol is based upon frequencies provided by others.

*Amended: October 14, 2004 – This protocol written by Donald L Tunney in March 2001 and replaces any used previous to this date.*

**Bank 21****General Health****Duty Cycle: 70% (Square wave)**

(Used for group sessions with no specific problems)

**Output: Positive**

Level	Wave Form	Base	Width	Total # Freqs Run	Time Ea In Seconds	Total Time In Seconds	Pulse	Pulse Rate
1	Single Frequency	10000		1	180	180	ON	1
2	Single Frequency	6000		1	60	60	ON	1
3	Single Frequency	5000		1	180	180	ON	1
4	Spread Contracting	3176	9	19	10	190	ON	1
5	Spread Contracting	2720	9	19	10	190	ON	1
6	Spread Contracting	2489	9	19	10	190	ON	1
7	Spread Contracting	1550	9	19	20	380	ON	1
8	Spread Contracting	1488	9	19	20	380	ON	1
9	Spread Contracting	1234	9	19	20	380	ON	1
10	Spread Contracting	880	9	19	20	380	ON	1
11	Spread Contracting	800	9	19	20	380	ON	1
12	Spread Contracting	787	9	19	20	380	ON	1
13	Spread Contracting	728	9	19	20	380	ON	1
14	Spread Contracting	665	9	19	20	380	ON	1
15	Spread Contracting	464	9	19	20	380	ON	1
16	Single Frequency	304		1	180	180	OFF	0
17	Spread Contracting	120	9	19	20	380	ON	1
18	Single Frequency	20		1	60	60	ON	1
Total frequencies used:		252						
					<b>Total seconds:</b>	<b>5030</b>		
					<b>Total minutes:</b>	<b>84</b>		
					<b>Total hours:</b>	<b>1 hour and 24 minutes</b>		

**Protocol may be split into two sessions no more than 4 hours apart.**

These are the frequencies that were run from 1996 to the present, during group volunteer sessions.

The difference between this protocol and the original is that this protocol uses wave packets to increase effectiveness.

The PERL is a light transmitted frequency device. Use of this device is experimental and for research purposes only. For those who choose to proceed at your own risk, we ask that you make yourself aware of the entire contents of this manual before using this technology.

This protocol is based upon frequencies provided by others.

The use of frequency wave packets has shown an increase in protocol effectiveness.

*Amended: October 14, 2004 – This protocol written by Donald L Tunney in March 2001 and replaces any used previous to this date.*

**Bank 22****Herpes Simplex – Short Protocol**  
(Maintenance and Prevention)**Duty Cycle: 70% (Square wave)**  
**Output: Positive**

Level	Wave Form	Base	Width	Total # Freqs Run	Time Ea In Seconds	Total Time In Seconds	Pulse	Pulse Rate
1	Single Frequency	10000		1	120	120	ON	1
2	Single Frequency	5000		1	120	120	ON	1
3	Spread Contracting	3176	9	19	10	190	ON	1
4	Spread Contracting	2489	9	19	10	190	ON	1
5	Spread Contracting	2976	9	19	15	285	ON	1
6	Spread Contracting	1488	9	19	15	285	ON	1
7	Spread Contracting	744	9	19	10	190	ON	1
8	Spread Contracting	372	9	19	10	190	ON	1
9	Spread Contracting	186	9	19	15	285	ON	1
10	Spread Contracting	693	9	19	10	190	ON	1
11	Spread Contracting	728	9	19	10	190	ON	1
12	Spread Contracting	665	9	19	10	190	ON	1
13	Spread Contracting	465	9	19	10	190	ON	1
14	Spread Contracting	304	9	19	10	190	OFF	0
15	Spread Contracting	120	9	19	10	190	ON	1
16	Spread Contracting	20	9	19	10	190	ON	1
<b>Total frequencies used:</b>		<b>268</b>				<b>Total seconds: 3185</b>		
						<b>Total minutes: 53</b>		

**It is important this protocol be run in a single session.**

Consider using the longer protocol ( Bank 12) since after using Bank 22 for a period of time, the effectiveness could diminish because of the ability of the virus to mutate.

The longer protocol will provide a better overall kill off in most cases resulting in longer remissions.

**AVOID:** Chocolate, yellow cheese, red wine, peanuts and other underground harvested nuts, exhausting exercise, sunshine  
Increase you alkalinity and eliminate sweets of any type.

The use of frequency wave packets has shown an increase in protocol effectiveness.  
This protocol is based upon frequencies provided by others.

The PERL is a light transmitted frequency device. Use of this device is experimental and for research purposes only. For those who choose to proceed at your own risk, we ask that you make yourself aware of the entire contents of this manual before using this technology.

The use of frequency wave packets has shown an increase in protocol effectiveness.

*Amended: October 14, 2004 – This protocol written by Donald L Tunney in March 2001 and replaces any used previous to this date.*

**Bank 23****Parasites - Flukes**

(Blood, General, Intestinal, Lymph and Pancreatic)

**Duty Cycle: 70% (Square wave)****Output: Positive**

Level	Wave Form	Base	Width	Total # Freqs Run	Time Ea In Seconds	Total Time In Seconds	Pulse	Pulse Rate
1	Spread Contracting	857	9	19	10	190	ON	1
2	Spread Contracting	329	9	19	10	190	ON	1
3	Spread Contracting	419	9	19	10	190	ON	1
4	Spread Contracting	635	9	19	10	190	ON	1
5	Spread Contracting	7391	9	19	10	190	ON	1
6	Spread Contracting	5516	9	19	10	190	ON	1
7	Spread Contracting	9889	9	19	10	190	ON	1
8	Spread Contracting	6766	9	19	10	190	ON	1
9	Spread Contracting	6655	9	19	10	190	ON	1
10	Spread Contracting	6578	9	19	10	190	ON	1
11	Spread Contracting	1850	9	19	10	190	ON	1
12	Spread Contracting	945	9	19	10	190	ON	1
13	Spread Contracting	850	9	19	10	190	ON	1
14	Spread Contracting	830	9	19	10	190	ON	1
15	Spread Contracting	763	9	19	10	190	ON	1
16	Spread Contracting	665	9	19	10	190	ON	1
17	Spread Contracting	524	9	19	10	190	ON	1
18	Spread Contracting	435	9	19	10	190	ON	1
19	Spread Contracting	275	9	19	10	190	ON	1
20	Spread Contracting	840	9	19	10	190	ON	1
21	Spread Contracting	150	9	19	10	190	ON	1
22	Spread Contracting	157	9	19	10	190	ON	1

**Total frequencies used:****418****Total seconds: 4180****Total minutes: 70****Total hours: 1 hour and 10 minutes**

This protocol is based upon frequencies provided by others.

These frequencies are not ours, they are only experimental.

The PERL is a light transmitted frequency device. Use of this device is experimental and for research purposes only. For those who choose to proceed at your own risk, we ask that you make yourself aware of the entire contents of this manual before using this technology.

The use of frequency wave packets has shown an increase in protocol effectiveness.

*Amended: October 14, 2004 – This protocol written by Donald L Tunney in March 2001 and replaces any used previous to this date.*

**Bank 24****Lymph and Detoxification****Duty Cycle: 50% (Sine wave)  
Output: Positive**

Level	Wave Form	Base	Width	Total # Freqs Run	Time Ea In Seconds	Total Time In Seconds	Pulse	Pulse Rate
1	Single Frequency	10000		1	180	180	ON	1
2	Single Frequency	3176		1	180	180	ON	1
3	Single Frequency	3177		1	180	180	ON	1
4	Single Frequency	3175		1	180	180	ON	1
5	Single Frequency	1000		1	180	180	ON	1
6	Single Frequency	880		1	180	180	ON	1
7	Single Frequency	787		1	180	180	ON	1
8	Single Frequency	751		1	180	180	ON	1
9	Single Frequency	727		1	180	180	ON	1
10	Single Frequency	676		1	180	180	ON	1
11	Spread Contracting	630	7	15	30	450	ON	1
12	Single Frequency	596		1	180	180	ON	1
13	Single Frequency	522		1	180	180	ON	1
14	Single Frequency	465		1	180	180	ON	1
15	Spread Contracting	442	2	5	30	150	ON	1
16	Single Frequency	346		1	180	180	ON	1
17	Single Frequency	304		1	180	180	OFF	0
18	Spread Contracting	147	2	5	30	150	ON	1
19	Single Frequency	15		1	180	180	ON	1
20	Single Frequency	10		1	180	180	ON	1
21	Single Frequency	7		1	180	180	ON	1
22	Single Frequency	6		1	180	180	ON	1
23	Single Frequency	5000		1	180	180	ON	1
24	Single Frequency	20		1	180	180	ON	1
25	Single Frequency	100000		1	600	600	ON	1

**Total frequencies used: 47****Total seconds: 5130****Total minutes: 86****Total hours: 1 hour and 26 minutes**

This protocol is based upon frequencies provided by others. The frequencies are experimental. Resonant Light Devices are for experimental and research purposes only. Those who choose to proceed at their own risk should be aware of the entire contents of the Operations Manual before using this technology.

Custom frequencies come from a variety of sources, such as:

- CAFL - [www.electroherbalism.com](http://www.electroherbalism.com)
- STONE CIRCLE - [www.stonecirclealternatives.com/rifeail.pdf](http://www.stonecirclealternatives.com/rifeail.pdf)
- "THE HANDBOOK OF RIFE FREQUENCIES" by Nenah Sylver



**Bank 25**

**Staphylococcus and Streptococcus**

**Duty Cycle: 70% (Square wave)**

**Output: Positive**

Level	Wave Form	Base	Width	Total # Freqs Run	Time Ea In Secds	Total Time In Secds	Pulse	Pulse Rate
1	Spread Contracting	40887	9	19	10	190	On	1
2	Spread Contracting	9646	9	19	10	190	On	1
3	Spread Contracting	8697	9	19	10	190	On	1
4	Spread Contracting	7270	9	19	10	190	On	1
5	Spread Contracting	7160	9	19	10	190	On	1
6	Spread Contracting	2600	9	19	10	190	On	1
7	Spread Contracting	2431	9	19	10	190	On	1
8	Spread Contracting	1901	9	19	10	190	On	1
9	Spread Contracting	1270	9	19	10	190	On	1
10	Spread Contracting	1109	9	19	10	190	On	1
11	Spread Contracting	1089	9	19	10	190	On	1
12	Spread Contracting	1055	9	19	10	190	On	1
13	Spread Contracting	1005	9	19	10	190	On	1
14	Spread Contracting	985	9	19	10	190	On	1
15	Spread Contracting	951	9	19	10	190	On	1
16	Spread Contracting	938	9	19	10	190	On	1
17	Spread Contracting	876	9	19	10	190	On	1
18	Spread Contracting	782	9	19	10	190	On	1
19	Spread Contracting	740	9	19	10	190	On	1
20	Spread Contracting	723	9	19	10	190	On	1
21	Spread Contracting	679	9	19	10	190	On	1
22	Spread Contracting	638	9	19	10	190	On	1
23	Spread Contracting	568	9	19	10	190	On	1
24	Spread Contracting	548	9	19	10	190	On	1
25	Spread Contracting	478	9	19	10	190	On	1
26	Spread Contracting	453	9	19	10	190	On	1
27	Spread Contracting	436	9	19	10	190	On	1
28	Spread Contracting	423	9	19	10	190	On	1
29	Spread Contracting	411	9	19	10	190	On	1
30	Spread Contracting	333	9	19	10	190	On	1
31	Spread Contracting	134	9	19	10	190	On	1
32	Spread Contracting	128	9	19	10	190	On	1

**Total Frequencies used: 608**

**Total seconds: 6080**

**Total minutes: 102**

**Total hours: 1 hour 42 minutes**

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- STONE CIRCLE – [www.stonecirclealternatives.com/rifeail.pdf](http://www.stonecirclealternatives.com/rifeail.pdf)
- “THE HANDBOOK OF RIFE FREQUENCIES” - by Nenah Sylver

**Bank 26****Kidney Insufficiency and Tonic****Duty Cycle: 50% (Sine wave)  
Output: Positive**

Level	Wave	Base	Width	Total # Freqs Run	Time Ea In Secds	Total Time In Secds	Pulse	Pulse Rate
1	Single Frequency	10,000		1	120	120	On	1
2	Single Frequency	5,000		1	120	120	On	1
3	Single Frequency	3,000		1	120	120	On	1
4	Single Frequency	1865		1	120	120	On	1
5	Single Frequency	1600		1	120	120	On	1
6	Single Frequency	1550		1	120	120	On	1
7	Single Frequency	1500		1	120	120	On	1
8	Single Frequency	880		1	120	120	On	1
9	Single Frequency	801		1	120	120	On	1
10	Single Frequency	787		1	120	120	On	1
11	Single Frequency	728		1	120	120	On	1
12	Single Frequency	650		1	120	120	On	1
13	Single Frequency	625		1	120	120	On	1
14	Single Frequency	600		1	120	120	On	1
15	Single Frequency	522		1	120	120	On	1
16	Single Frequency	465		1	120	120	On	1
17	Single Frequency	442		1	120	120	On	1
18	Single Frequency	249		1	120	120	On	1
19	Single Frequency	146		1	120	120	On	1
20	Single Frequency	125		1	120	120	On	1
21	Single Frequency	95		1	120	120	On	1
22	Single Frequency	72		1	120	120	On	1
23	Single Frequency	40		1	120	120	On	1
24	Single Frequency	20		1	120	120	On	1
25	Single Frequency	15		1	120	120	On	1
26	Single Frequency	9		1	120	120	On	1
27	Single Frequency	8		1	120	120	On	1
28	Single Frequency	6		1	120	120	On	1
<b>Total frequencies:</b>		<b>28</b>				<b>Total seconds: 3360</b>		
						<b>Total minutes: 56</b>		

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Custom frequencies come from a variety of sources, such as:

- CAFL - [www.electroherbalism.com](http://www.electroherbalism.com)
- STONE CIRCLE - [www.stonecirclealternatives.com/rifeail.pdf](http://www.stonecirclealternatives.com/rifeail.pdf)
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**Bank 27****Liver Support****Duty Cycle: 50% (Sine wave)  
Output: Positive**

Level	Wave Form	Base	Width	Total # Freqs Run	Time Ea In Secds	Total Time In Secds	Pulse	Pulse Rate
1	Single Frequency	1552		1	300	300	<b>On</b>	<b>1</b>
2	Single Frequency	807		1	300	300	<b>On</b>	<b>1</b>
3	Single Frequency	751		1	300	300	<b>On</b>	<b>1</b>
4	Single Frequency	727		1	300	300	<b>On</b>	<b>1</b>
5	Single Frequency	33		1	300	300	<b>On</b>	<b>1</b>
<b>Total frequencies used:</b>		<b>5</b>				<b>Total seconds: 1500</b>		
						<b>Total minutes: 25</b>		

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Custom frequencies come from a variety of sources, such as:

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- STONE CIRCLE - [www.stonecirclealternatives.com/rifeail.pdf](http://www.stonecirclealternatives.com/rifeail.pdf)
- "THE HANDBOOK OF RIFE FREQUENCIES" by Nenah Sylver

**Bank 28****Molds and Fungus****Duty Cycle: 70% (Square wave)  
Output: Positive**

Level	Wave Form	Base	Width	Total # Freqs Run	Time Ea In Secds	Total Time In Secds	Pulse	Pulse Rate
1	Spread Contracting	2400	5	11	10	110	On	1
2	Single Frequency	2400		1	120	120	On	1
3	Spread Contracting	1972	5	11	10	110	On	1
4	Single Frequency	1972		1	120	120	On	1
5	Spread Contracting	1823	5	11	10	110	On	1
6	Single Frequency	1823		1	120	120	On	1
7	Spread Contracting	942	5	11	10	110	On	1
8	Single Frequency	942		1	120	120	On	1
9	Spread Contracting	886	5	11	10	110	On	1
10	Single Frequency	886		1	120	120	On	1
11	Spread Contracting	866	5	11	10	110	On	1
12	Single Frequency	866		1	120	120	On	1
13	Spread Contracting	775	5	11	10	110	On	1
14	Single Frequency	775		1	120	120	On	1
15	Spread Contracting	758	5	11	10	110	On	1
16	Single Frequency	758		1	120	120	On	1
17	Spread Contracting	743	5	11	10	110	On	1
18	Single Frequency	743		1	120	120	On	1
19	Spread Contracting	736	5	11	10	110	On	1
20	Single Frequency	736		1	120	120	On	1
21	Spread Contracting	697	5	11	10	110	On	1
22	Single Frequency	697		1	120	120	On	1
23	Spread Contracting	555	5	11	10	110	On	1
24	Single Frequency	555		1	120	120	On	1
25	Spread Contracting	516	5	11	10	110	On	1
26	Single Frequency	516		1	120	120	On	1
27	Spread Contracting	464	5	11	10	110	On	1
28	Single Frequency	464		1	120	120	On	1
29	Spread Contracting	438	5	11	10	110	On	1
30	Single Frequency	438		1	120	120	On	1
31	Spread Contracting	414	5	11	10	110	On	1
32	Single Frequency	414		1	120	120	On	1
33	Spread Contracting	374	5	11	10	110	On	1
34	Single Frequency	374		1	120	120	On	1
35	Spread Contracting	330	5	11	10	110	On	1
36	Single Frequency	330		1	120	120	On	1
37	Spread Contracting	247	5	11	10	110	On	1
38	Single Frequency	247		1	120	120	On	1
39	Spread Contracting	233	5	11	10	110	On	1
40	Single Frequency	233		1	120	120	On	1
41	Spread Contracting	132	5	11	10	110	On	1
42	Single Frequency	132		1	120	120	On	1

**Total frequencies used: 252****Total seconds: 4830****Total minutes: 81****Total hours: 1 hour and 21 minutes**

This protocol is based upon frequencies provided by others. The frequencies are experimental. Resonant Light Devices are for experimental and research purposes only. Those who choose to proceed at their own risk should be aware of the entire contents of the Operations Manual before using this technology.

Custom frequencies come from a variety of sources, such as:

- CAFL - [www.electroherbalism.com](http://www.electroherbalism.com)
- STONE CIRCLE - [www.stonecirclealternatives.com/rifeail.pdf](http://www.stonecirclealternatives.com/rifeail.pdf)
- "THE HANDBOOK OF RIFE FREQUENCIES" by Nenah Sylver

**Bank 29****Prostate and Bladder Issues****Duty Cycle: 70% (Square wave)**

Prostatitis, Enlarged (hyperplasia), Benign/Active Tumor, Infection

**Output: Positive**

Level	Wave Form	Base	Width	Total # Freqs Run	Time Ea In Secds	Total Time In Secds	Pulse	Pulse Rate
1	Single Frequency	10000	1	1	180	180	On	1
2	Spread Contracting	3672	5	11	10	110	On	1
3	Spread Contracting	2720	5	11	10	110	On	1
4	Spread Contracting	2439	5	11	10	110	On	1
5	Spread Contracting	2288	5	11	10	110	On	1
6	Spread Contracting	2218	5	11	10	110	On	1
7	Spread Contracting	2150	5	11	10	110	On	1
8	Spread Contracting	2145	5	11	10	110	On	1
9	Spread Contracting	2131	5	11	10	110	On	1
10	Spread Contracting	2125	5	11	10	110	On	1
11	Spread Contracting	2008	5	11	10	110	On	1
12	Spread Contracting	1875	5	11	10	110	On	1
13	Spread Contracting	1840	5	11	10	110	On	1
14	Spread Contracting	1550	5	11	10	110	On	1
15	Spread Contracting	920	5	11	10	110	On	1
16	Spread Contracting	880	5	11	10	110	On	1
17	Spread Contracting	854	5	11	10	110	On	1
18	Spread Contracting	802	5	11	10	110	On	1
19	Spread Contracting	780	5	11	10	110	On	1
20	Spread Contracting	760	5	11	10	110	On	1
21	Spread Contracting	748	5	11	10	110	On	1
22	Spread Contracting	728	5	11	10	110	On	1
23	Spread Contracting	690	5	11	10	110	On	1
24	Spread Contracting	656	5	11	10	110	On	1
25	Spread Contracting	522	5	11	10	110	On	1
26	Spread Contracting	465	5	11	10	110	On	1
27	Spread Contracting	444	5	11	10	110	On	1
28	Spread Contracting	410	5	11	10	110	On	1
29	Spread Contracting	146	5	11	10	110	On	1
30	Spread Contracting	125	5	11	10	110	On	1
31	Spread Contracting	98	5	11	10	110	On	1
32	Spread Contracting	72	5	11	10	110	On	1
33	Single Frequency	20	1	1	180	180	On	1
34	Single Frequency	9	1	1	180	180	On	1

**Total frequencies used: 344****Total seconds: 3950****Total minutes: 66****Total hours: 1 hour and 6 minutes**

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**Bank 30****Arthritis - Osteo****Duty Cycle: 50% (Sine wave)  
Output: Positive**

Level	Wave	Base	Width	Total # Freqs Run	Time Ea In Secds	Total Time In Secds	Pulse	Pulse Rate
1	Single Frequency	10000		1	180	180	On	1
2	Single Frequency	5000		1	180	180	On	1
3	Spread Contracting	2720	4	9	20	180	On	1
4	Spread Contracting	1664	3	7	20	140	On	1
5	Spread Contracting	1550	3	7	20	140	On	1
6	Spread Contracting	1500	3	7	20	140	On	1
7	Spread Contracting	962	3	7	20	140	On	1
8	Spread Contracting	880	3	7	20	140	On	1
9	Spread Contracting	792	8	17	10	170	On	1
10	Spread Contracting	770	6	13	10	130	On	1
11	Spread Contracting	727	6	13	10	130	On	1
12	Spread Contracting	685	3	7	20	140	On	1
13	Spread Contracting	650	3	7	20	140	On	1
14	Spread Contracting	625	3	7	20	140	On	1
15	Spread Contracting	600	3	7	20	140	On	1
16	Spread Contracting	120	3	7	20	140	On	1
17	Single Frequency	60		1	180	140	On	1
18	Single Frequency	32		1	180	180	On	1
19	Single Frequency	20		1	180	180	On	1
20	Single Frequency	15		1	180	180	On	1
21	Single Frequency	9		1	180	180	On	1
22	Single Frequency	7		1	180	180	On	1
<b>Total frequencies used:</b>		<b>130</b>				<b>Total seconds: 3450</b>		
						<b>Total minutes: 58</b>		

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**Bank 31****Vision and Eye Health****Duty Cycle: 70% (Square wave)  
Output: Positive**

Level	Wave	Base	Width	Total # Freqs Run	Time Ea In Secds	Total Time In Secds	Pulse	Pulse Rate
1	Single Frequency	10000		1	120	120	On	1
2	Single Frequency	3176		1	120	120	On	1
3	Single Frequency	2211		1	120	120	On	1
4	Single Frequency	2195		1	120	120	On	1
5	Single Frequency	2187		1	120	120	On	1
6	Single Frequency	2110		1	120	120	On	1
7	Single Frequency	2010		1	120	120	On	1
8	Spread Contracting	1851	9	19	10	190	On	1
9	Spread Contracting	1836	5	11	10	110	On	1
10	Single Frequency	1830		1	900	900	On	1
11	Single Frequency	1809		1	120	120	On	1
12	Single Frequency	1654		1	120	120	On	1
13	Single Frequency	1600		1	120	120	On	1
14	Single Frequency	1552		1	120	120	On	1
15	Single Frequency	1335		1	120	120	On	1
16	Single Frequency	880		1	120	120	On	1
17	Spread Contracting	800	7	15	10	150	On	1
18	Spread Contracting	780	2	5	30	150	On	1
19	Single Frequency	728		1	120	120	On	1
20	Single Frequency	496		1	120	120	On	1
21	Spread Contracting	400	5	11	10	110	On	1
22	Single Frequency	355		1	120	120	On	1
23	Single Frequency	324		1	120	120	On	1
24	Single Frequency	292		1	120	120	On	1
25	Single Frequency	210		1	120	120	On	1
26	Single Frequency	160		1	120	120	On	1
27	Single Frequency	30		1	120	120	On	1
28	Single Frequency	20		1	120	120	On	1

**Total frequencies used: 84****Total seconds: 4250****Total minutes: 71****Total hours: 1 hour and 11 minutes**

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**Bank 32****Antiseptic – General****Duty Cycle: 70% (Square wave)  
Output: Positive**

Level	Wave Form	Base	Width	Total # Freqs Run	Time Ea In Secds	Total Time In Secds	Pulse	Pulse Rate
1	Single Frequency	10000		1	180	180	On	1
2	Single Frequency	5000		1	180	180	On	1
3	Spread Contacting	2145	5	11	15	165	On	1
4	Spread Contacting	1556	5	11	15	165	On	1
5	Spread Contacting	1488	5	11	15	165	On	1
6	Spread Contacting	880	5	11	15	165	On	1
7	Spread Contacting	802	5	11	15	165	On	1
8	Spread Contacting	792	5	11	15	165	On	1
9	Spread Contacting	776	5	11	15	165	On	1
10	Spread Contacting	735	5	11	15	165	On	1
11	Spread Contacting	683	5	11	15	165	On	1
12	Spread Contacting	662	5	11	15	165	On	1
13	Spread Contacting	620	5	11	15	165	On	1
14	Spread Contacting	456	5	11	15	165	On	1
15	Spread Contacting	444	5	11	15	165	On	1
16	Single Frequency	254		1	180	180	On	1
17	Spread Contacting	120	5	11	15	165	On	1
18	Spread Contacting	64	5	11	15	165	On	1
19	Spread Contacting	20	5	11	15	165	On	1

**Total frequencies used: 179****Total seconds: 3180****Total minutes: 53**

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**Bank 33****Anxiety and Stress Release****Duty Cycle: 50% (Sine wave)  
Output: Positive**

Level	Wave Form	Base	Width	Total # Freqs Run	Time Ea In Secds	Total Time In Secds	Pulse	Pulse Rate
1	Single Frequency	10000		1	300	300	On	1
2	Single Frequency	8450		1	180	180	On	1
3	Single Frequency	880		1	180	180	On	1
4	Single Frequency	800		1	180	180	On	1
5	Single Frequency	787		1	180	180	On	1
6	Single Frequency	784		1	180	180	On	1
7	Single Frequency	764		1	180	180	On	1
8	Single Frequency	728		1	180	180	On	1
9	Single Frequency	664		1	180	180	On	1
10	Single Frequency	95		1	180	180	On	1
11	Single Frequency	73		1	180	180	On	1
12	Single Frequency	35		1	180	180	On	1
13	Single Frequency	7		1	300	300	On	1
14	Single Frequency	6		1	180	180	On	1
<b>Total frequencies used:</b>		<b>14</b>				<b>Total seconds: 2760</b>		
						<b>Total minutes: 46</b>		

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**Bank 34**

**Dental – General, Foci and Infections**

**Duty Cycle: 70% (Square wave)  
Output: Positive**

Level	Wave Form	Base	Width	Total # Freqs Run	Time Ea In Secds	Total Time In Secds	Pulse	Pulse Rate
1	Spread Contracting	7270	5	11	10	110	On	1
2	Spread Contracting	7059	5	11	10	110	On	1
3	Spread Contracting	5227	5	11	10	110	On	1
4	Spread Contracting	5170	5	11	10	110	On	1
5	Spread Contracting	2720	5	11	10	110	On	1
6	Spread Contracting	2489	5	11	10	110	On	1
7	Spread Contracting	2127	5	11	10	110	On	1
8	Spread Contracting	1998	5	11	10	110	On	1
9	Spread Contracting	1840	5	11	10	110	On	1
10	Spread Contracting	1800	5	11	10	110	On	1
11	Spread Contracting	1600	5	11	10	110	On	1
12	Spread Contracting	1556	5	11	10	110	On	1
13	Spread Contracting	1500	5	11	10	110	On	1
14	Spread Contracting	1094	5	11	10	110	On	1
15	Spread Contracting	1039	5	11	10	110	On	1
16	Spread Contracting	981	5	11	10	110	On	1
17	Spread Contracting	960	5	11	10	110	On	1
18	Spread Contracting	930	5	11	10	110	On	1
19	Spread Contracting	880	5	11	10	110	On	1
20	Spread Contracting	894	5	11	10	110	On	1
21	Spread Contracting	776	5	11	10	110	On	1
22	Spread Contracting	755	5	11	10	110	On	1
23	Spread Contracting	725	5	11	10	110	On	1
24	Spread Contracting	685	5	11	10	110	On	1
25	Spread Contracting	661	5	11	10	110	On	1
26	Spread Contracting	646	5	11	10	110	On	1
27	Spread Contracting	623	5	11	10	110	On	1
28	Spread Contracting	622	5	11	10	110	On	1
29	Spread Contracting	465	5	11	10	110	On	1
30	Spread Contracting	540	5	11	10	110	On	1
31	Spread Contracting	519	5	11	10	110	On	1
32	Spread Contracting	254	5	11	10	110	On	1
33	Spread Contracting	216	5	11	10	110	On	1
34	Spread Contracting	183	5	11	10	110	On	1
35	Spread Contracting	140	5	11	10	110	On	1
36	Spread Contracting	120	5	11	10	110	On	1
37	Spread Contracting	56	5	11	10	110	On	1
38	Spread Contracting	47	5	11	10	110	On	1
39	Single Frequency	20		1	180	180	On	1

**Total frequencies used: 419**

**Total seconds: 4360**

**Total minutes: 73**

**Total hours: 1 hour and 13 minutes**

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**Bank 35****Bone and Periodontal Health****Duty Cycle: 70% (Square wave)  
Output: Positive**

Level	Wave	Base	Width	Total # Freqs Run	Time Ea In Secds	Total Time In Secds	Pulse	Pulse Rate
1	Single Frequency	10000		1	180	180	On	1
2	Single Frequency	2720		1	900	900	On	1
3	Single Frequency	1800		1	180	180	On	1
4	Single Frequency	1600		1	180	180	On	1
5	Single Frequency	1550		1	180	180	On	1
6	Single Frequency	880		1	180	180	On	1
7	Single Frequency	802		1	180	180	On	1
8	Single Frequency	787		1	180	180	On	1
9	Single Frequency	776		1	180	180	On	1
10	Single Frequency	728		1	180	180	On	1
11	Single Frequency	650		1	180	180	On	1
12	Single Frequency	625		1	180	180	On	1
13	Single Frequency	600		1	180	180	On	1
14	Single Frequency	380		1	180	180	On	1
15	Single Frequency	266		1	180	180	On	1
16	Single Frequency	250		1	180	180	On	1
17	Single Frequency	120		1	180	180	On	1
18	Single Frequency	47		1	180	180	On	1

**Total frequencies used: 18****Total seconds: 3960****Total minutes: 66****Total hours: 1 hour and 6 minutes**

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**Bank 36 - a, b, c, d Lyme Co-Infections: Babesia, Bartonella, Ehrlichia, Ricksettia**  
**Duty Cycle: 70% (Square wave) Output: Positive**

Level	Wave Form	Base	Width	Total # Freqs Run	Time Ea In Secds	Total Time In Secds	Pulse	Pulse Rate
<b>BABESIA</b>								
1	Spread Contracting	5776	5	11	30	330	On	1
2	Spread Contracting	1584	5	11	30	330	On	1
3	Spread Contracting	753	5	11	30	330	On	1
4	Spread Contracting	570	5	11	30	330	On	1
5	Spread Contracting	432	5	11	30	330	On	1
6	Spread Contracting	76	5	11	30	330	On	1
<b>Total frequencies used:</b>		<b>66</b>			<b>Total seconds: 1980</b>			
					<b>Total minutes: 33</b>			
<b>BARTONELLA</b>								
7	Spread Contracting	6878	5	11	20	220	On	1
8	Spread Contracting	1518	5	11	20	220	On	1
9	Spread Contracting	967	5	11	20	220	On	1
10	Spread Contracting	848	5	11	20	220	On	1
11	Spread Contracting	786	5	11	20	220	On	1
12	Spread Contracting	716	5	11	20	220	On	1
13	Spread Contracting	696	5	11	20	220	On	1
14	Spread Contracting	634	5	11	20	220	On	1
15	Spread Contracting	379	5	11	20	220	On	1
16	Spread Contracting	364	5	11	20	220	On	1
<b>Total frequencies used:</b>		<b>110</b>			<b>Total seconds: 2200</b>			
					<b>Total minutes: 37</b>			
<b>EHRlichia</b>								
17	Spread Contracting	1377	5	11	20	220	On	1
18	Spread Contracting	1369	5	11	20	220	On	1
19	Spread Contracting	1364	5	11	20	220	On	1
20	Spread Contracting	918	5	11	20	220	On	1
21	Spread Contracting	764	5	11	20	220	On	1
22	Spread Contracting	749	5	11	20	220	On	1
23	Spread Contracting	672	5	11	20	220	On	1
24	Spread Contracting	394	5	11	20	220	On	1
25	Spread Contracting	385	5	11	20	220	On	1
26	Spread Contracting	382	5	11	20	220	On	1
27	Spread Contracting	366	5	11	20	220	On	1
28	Spread Contracting	347	5	11	20	220	On	1
29	Spread Contracting	336	5	11	20	220	On	1
30	Spread Contracting	328	5	11	20	220	On	1
<b>Total frequencies used:</b>		<b>154</b>			<b>Total seconds: 3080</b>			
					<b>Total minutes: 51</b>			
<b>RICKSETTIA</b>								
31	Spread Contracting	4170	5	11	20	220	On	1
32	Spread Contracting	2085	5	11	20	220	On	1
33	Spread Contracting	1062	5	11	20	220	On	1
34	Spread Contracting	943	5	11	20	220	On	1
35	Spread Contracting	726	5	11	20	220	On	1
36	Spread Contracting	720	5	11	20	220	On	1
37	Spread Contracting	632	5	11	20	220	On	1
38	Spread Contracting	549	5	11	20	220	On	1
39	Spread Contracting	521	5	11	20	220	On	1
40	Spread Contracting	129	5	11	20	220	On	1
<b>Total frequencies used:</b>		<b>110</b>			<b>Total seconds: 2200</b>			
					<b>Total minutes: 37</b>			

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**Bank 37****Pain Relief****Duty Cycle: 50% (Sine wave)  
Output: Positive**

Level	Wave Form	Base	Width	Total # Freqs Run	Time Ea In Secs	Total Time In Secs	Pulse	Pulse Rate
1	Single Frequency	33420		1	180	180	Off	
2	Single Frequency	22222		1	180	180	Off	
3	Single Frequency	11111		1	180	180	Off	
4	Single Frequency	10000		1	180	180	Off	
5	Single Frequency	6000		1	180	180	Off	
6	Single Frequency	5000		1	180	180	Off	
7	Single Frequency	3040		1	180	180	Off	
8	Single Frequency	3000		1	180	180	Off	
9	Single Frequency	2127		1	180	180	Off	
10	Single Frequency	2008		1	180	180	Off	
11	Single Frequency	1600		1	180	180	Off	
12	Single Frequency	1500		1	180	180	Off	
13	Single Frequency	880		1	180	180	Off	
14	Single Frequency	802		1	180	180	Off	
15	Single Frequency	787		1	180	180	Off	
16	Single Frequency	776		1	180	180	Off	
17	Single Frequency	690		1	180	180	Off	
18	Single Frequency	660		1	180	180	Off	
19	Single Frequency	528		1	180	180	Off	
20	Single Frequency	500		1	180	180	Off	
21	Single Frequency	324		1	180	180	Off	
22	Single Frequency	160		1	180	180	Off	
23	Single Frequency	120		1	180	180	Off	
24	Single Frequency	95		1	180	180	Off	
25	Single Frequency	80		1	180	180	Off	
26	Single Frequency	40		1	180	180	Off	
27	Single Frequency	20		1	180	180	Off	

**Total frequencies used: 27****Total seconds: 4860****Total minutes: 81****Total hours: 1 hour and 21 minutes**

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## B38–LymeMaintenance–Lv 1 to 24; Hatchlings–Lv 25 to 34

Level	Waveform	Base	Width	# Freqs.	Time each	Total Time	Pulse Rate	WaveShape	Duty Cycle	Output
1	Single Frequency	10000.0		1	5:00	00:05:00	ON 4	Square	70%	Positive
2	Spread Contracting	8554.00	5	11	0:20	00:03:40	ON 4	Square	70%	Positive
3	Spread Contracting	7989.00	5	11	0:20	00:03:40	ON 4	Square	70%	Positive
4	Spread Contracting	6880.00	5	11	0:20	00:03:40	ON 4	Square	70%	Positive
5	Spread Contracting	5776.00	5	11	0:20	00:03:40	ON 4	Square	70%	Positive
6	Spread Contracting	5000.00	5	11	0:20	00:03:40	ON 4	Square	70%	Positive
7	Spread Contracting	2950.00	5	11	0:20	00:03:40	ON 4	Square	70%	Positive
8	Spread Contracting	2900.00	5	11	0:20	00:03:40	ON 4	Square	70%	Positive
9	Spread Contracting	2489.00	5	11	0:20	00:03:40	ON 4	Square	70%	Positive
10	Spread Contracting	1455.00	5	11	0:20	00:03:40	ON 4	Square	70%	Positive
11	Spread Contracting	1113.00	5	11	0:20	00:03:40	ON 4	Square	70%	Positive
12	Spread Contracting	1367.00	5	11	0:20	00:03:40	ON 4	Square	70%	Positive
13	Spread Contracting	883.000	5	11	0:20	00:03:40	ON 4	Square	70%	Positive
14	Spread Contracting	829.000	5	11	0:20	00:03:40	ON 4	Square	70%	Positive
15	Spread Contracting	800.000	5	11	0:20	00:03:40	ON 4	Square	70%	Positive
16	Spread Contracting	782.000	5	11	0:20	00:03:40	ON 4	Square	70%	Positive
17	Spread Contracting	779.000	9	19	0:20	00:06:20	ON 4	Square	70%	Positive
18	Spread Contracting	756.000	9	19	0:20	00:06:20	ON 4	Square	70%	Positive
19	Spread Contracting	699.000	8	17	0:20	00:05:40	ON 4	Square	70%	Positive
20	Spread Contracting	610.000	5	11	0:20	00:03:40	ON 4	Square	70%	Positive
21	Spread Contracting	388.000	7	15	0:20	00:05:00	ON 4	Square	70%	Positive
22	Spread Contracting	336.000	5	11	0:20	00:03:40	ON 4	Square	70%	Positive
23	Spread Contracting	306.000	5	11	0:20	00:03:40	ON 4	Square	70%	Positive
24	Spread Contracting	076.000	5	11	0:20	00:03:40	ON 4	Square	70%	Positive
25	Spread Contracting	1105.00	4	9	0:45	00:06:45	ON 4	Square	70%	Positive
26	Spread Contracting	1087.00	4	9	0:45	00:06:45	ON 4	Square	70%	Positive
27	Spread Contracting	1072.00	4	9	0:45	00:06:45	ON 4	Square	70%	Positive
28	Spread Contracting	1000.00	4	9	0:45	00:06:45	ON 4	Square	70%	Positive
29	Spread Contracting	840.000	4	9	0:45	00:06:45	ON 4	Square	70%	Positive
30	Spread Contracting	887.000	4	9	0:45	00:06:45	ON 4	Square	70%	Positive
31	Spread Contracting	640.000	4	9	0:45	00:06:45	ON 4	Square	70%	Positive
32	Spread Contracting	589.000	4	9	0:45	00:06:45	ON 4	Square	70%	Positive
33	Spread Contracting	413.000	4	9	0:45	00:06:45	ON 4	Square	70%	Positive
34	Spread Contracting	203.000	4	9	0:45	00:06:45	ON 4	Square	70%	Positive

Total frequencies used: 370 Total time: 02:45:30

**Lyme Maintenance:** Levels 1 to 24; Total frequencies: 280 Total time: 1 hour 38 minutes. Along with Lyme Maintenance protocol, it is suggested to run Bank 12–Herpes Simplex for 3 days, once a month.

**Lyme Hatchlings:** Levels 25 to 34; Total frequencies: 92; Total time: 1 hour 9 minutes. Run Lyme Hatchlings protocol during the period of the full moon and the new moon in the following way: Begin by taking two days off from all other protocols. Then, start running the protocol four days prior to the full moon, twice a day for 3 days, take 1 day off, then run the protocol for 3 days and take 2 days off. Repeat the same for the days of the new moon.

Upd. 17Oct13

Resonant Light Technology Inc is not offering medical advice. This protocol is based upon frequencies provided by others. These frequencies are experimental. The Resonant Light device is for experimental and research purposes only. For those who choose to proceed at their own risk, we ask that you make yourself aware of the entire contents of the operations manual before using this technology. It is up to you to discern what is suitable for you, and to be in consultation with a qualified medical practitioner if you are ill. Advisory: Resonant Light Technology has not tested or validated the effectiveness of "custom-made" frequency protocols. Custom frequencies come from a variety of sources such as: CAFL – [www.electroherbalism.com](http://www.electroherbalism.com); Stone Circle – <http://stonecirclealternatives.com/rifetech.html>; The Rife Handbook of Frequency Therapy – Nenah Sylver

**Bank 39****Helicobacter - Pylori****Duty Cycle: 70% (Square wave)  
Output: Positive**

Level	Wave Form	Base	Width	Total # Freqs Run	Time Ea In Secds	Total Time In Secds	Pulse	Pulse Rate
1	Spread Contracting	2950	9	19	10	190	On	1
2	Spread Contracting	2819	9	19	10	190	On	1
3	Spread Contracting	2779	9	19	10	190	On	1
4	Spread Contracting	2167	9	19	10	190	On	1
5	Spread Contracting	880	9	19	10	190	On	1
6	Spread Contracting	728	9	19	10	190	On	1
7	Spread Contracting	705	9	19	10	190	On	1
8	Spread Contracting	695	9	19	10	190	On	1
9	Spread Contracting	676	9	19	10	190	On	1
10	Spread Contracting	385	9	19	10	190	On	1
11	Spread Contracting	350	9	19	10	190	On	1
12	Single Frequency	676		1	600	600	On	1

**Total frequencies used: 210****Total seconds: 2690****Total minutes: 45**

This protocol is based upon frequencies provided by others. The frequencies are experimental. Resonant Light Devices are for experimental and research purposes only. Those who choose to proceed at their own risk should be aware of the entire contents of the Operations Manual before using this technology.

Custom frequencies come from a variety of sources, such as:

- CAFL - [www.electroherbalism.com](http://www.electroherbalism.com)
- STONE CIRCLE - [www.stonecirclealternatives.com/rifeail.pdf](http://www.stonecirclealternatives.com/rifeail.pdf)
- "THE HANDBOOK OF RIFE FREQUENCIES" by Nenah Sylver

**Bank 40**

**Technician Test Bank**

**Duty Cycle: 50% (Square Wave)  
Output: Positive**

Level	Wave	Base	Width	Total # Freqs Run	Time Ea In Secds	Total Time In Secds	Pulse
1	Single Frequency	20		1	01	01	Off
2	Single Frequency	100		1	01	01	Off
3	Single Frequency	150		1	01	01	Off
4	Single Frequency	200		1	01	01	Off
5	Single Frequency	300		1	01	01	Off
6	Single Frequency	500		1	01	01	Off
7	Single Frequency	700		1	01	01	Off
8	Single Frequency	1000		1	02	02	Off
9	Single Frequency	1200		1	01	01	Off
10	Single Frequency	1500		1	01	01	Off
11	Single Frequency	1700		1	01	01	Off
12	Single Frequency	2000		1	01	01	Off
13	Single Frequency	2500		1	01	01	Off
14	Single Frequency	3000		1	01	01	Off
15	Single Frequency	3500		1	01	01	Off
16	Single Frequency	4000		1	01	01	Off
17	Single Frequency	5000		1	01	01	Off
18	Single Frequency	6000		1	01	01	Off
19	Single Frequency	7000		1	01	01	Off
20	Single Frequency	8000		1	01	01	Off
21	Single Frequency	9000		1	01	01	Off
22	Single Frequency	10000		1	03	03	Off
23	Single Frequency	3500		1	01	01	Off
24	Single Frequency	3000		1	01	01	Off
25	Single Frequency	2500		1	01	01	Off
26	Single Frequency	2000		1	01	01	Off
27	Single Frequency	1700		1	01	01	Off
28	Single Frequency	1500		1	01	01	Off
29	Single Frequency	1200		1	01	01	Off
30	Single Frequency	1000		1	02	02	Off
31	Single Frequency	700		1	01	01	Off
32	Single Frequency	500		1	01	01	Off
33	Single Frequency	300		1	01	01	Off
34	Single Frequency	200		1	01	01	Off
35	Single Frequency	150		1	01	01	Off
36	Single Frequency	100		1	01	01	Off
37	Single Frequency	20		1	01	01	Off

**Total frequencies: 37**

**Total seconds: 41  
Total minutes: 0.68 minutes**



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## Glossary of Terms and Acronyms

Amp	Amperage
Bank	There are 40 programmable Banks of frequencies on the ProGen II 4050, known as “Banks”
Base	<i>Base Frequency</i> is the base for a particular level. For single frequency programming, it is the only frequency for that level. In wave packet "spreads", it is the center frequency. In wave packet "sweeps", it is the ending frequency.
CAFL	Consolidated Annotated Frequency List (by Brian McInturff)
Detox	Detoxification
Duty Cycle	The ratio of the width of the high pulse to the width of the total pulse period. May be selected from 10% to 90%.
Dwell	Duration
LCD	Liquid Crystal Display
LED	Light Emitting Diode
Level	Up to 50 levels may be programmed on each Bank of the ProGen II 4050. Level does not indicate intensity.
mA	Milli Amps
OAL	Overall length
pH	Potential hydrogen - is a measurement of acidic – alkaline balance (7.0 is neutral)
PHORLE™	Photon Resonant Light Emission
PERL	Photon Emission Resonant Light
ProGen	Programmable Generator – the computer “brain” for the PERL device.
PSA	Prostate Specific Antigen
ProGen II™	Programmable generator - <i>The ProGen II™</i> holds 40 Banks of frequency sets. Each Bank can hold 50 base frequencies. Each base frequency is assigned a <i>level</i> . This level includes information as to how this base frequency is to be handled.
Protocol	<i>Protocol</i> is the name given to a set of frequencies compiled for a specific condition. These frequencies are loaded into one Bank on the ProGen II™.
Pulse	Signal alternates between OFF and ON. The pulse rate can be varied on the ProGen from 1 to 1000 per second (also referred to as “Gating”).
RBC	Red Blood Cells
RF	Radio Frequency or Resonant Frequency
RLTi	Resonant Light Technology inc.
ROM	Read Only Memory
TORR	A measurement of tube vacuum
VDC	Volts Direct Current
Wave Packet	A collection of frequencies indicated by the base frequency and width parameters. Spreads will either contract inwards, or expand outwards from the base frequency. Sweeps will either increase from the base frequency, or decrease towards the base frequency.
WBC	White Blood Cells
Width	Commands the ProGen to run a number of frequencies in a specific type of wave packet above and/or below the base number.
VAC	Volts Alternating Current